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City Council

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Parks & Recreation Commission

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Director of Recreation

Buck Martin

Assistant Director of Recreation

Shauna Stokes

Disclaimer

The City of Chula Vista has made every reasonable effort to determine that everything stated in this brochure is accurate. Courses and programs offered, together with other matters contained herein, are subject to change without notice for reasons related to student enrollment, teacher and location availability, or any other reason at the discretion of the administration.



Inclusion Philosophy

The City of Chula Vista is dedicated to serving the needs of everyone in the community through inclusive programming. Persons with special needs are encouraged to participate in all programs. For assistance, please call Recreation Supervisor, Carmel Wilson, CTRS at (619) 409-5800 two-week advanced notice is required.

Special Events

Music in the Park

June 15 - September 13

A free public concert series, featuring a variety of musical sounds. The concerts will be held in various parks around the city. Concert schedule will include Saturday and Sunday afternoons, and Thursday evenings. For park locations, see page 33; for more information, call (619) 585-5682.

June 15: Bill MacPherson & Len Rainey

Blues & gospel music
Memorial Bowl; 4-5:30 pm

June 22: Bayou Brothers

Cajun music
Memorial Bowl, 4-5:30 pm

June 28: Ultratones

'70s & '80s dance music
Chula Vista Community Park; 6-7:30 pm

June 29: Alma Del Tango

Argentine dance & music
Memorial Bowl; 4-5:30 pm

July 10: The Players

'60s and '70s music
Memorial Park; 5:30-6:45 pm

July 17: Breez'n

Surfing music
Memorial Park; 5:30-6:45 pm

July 24: Heroes

'50s & '60s dance music
Memorial Park; 5:30-6:45 pm

July 26: Yavaz

Latin Jazz
Chula Vista Community Park; 6-7:30 pm

July 31: Power Play

Latin & more
Memorial Park; 5:30-6:45 pm

Aug. 3: Theresa Thomas & Vibe

Rhythm & blues, rock
Heritage Park; 4-5:30 pm

Aug. 10: Tami Thomas

Big Band Swing
Memorial Bowl; 4-5:30 pm

Aug. 17: Los Principes de Merengue

Latin dance/salsa
Otay Park; 4-5:30 pm

Aug. 24: The Good China

'50s, '60s and '70s
Memorial Bowl; 4-5:30 pm

Aug. 30: Rhythmakers

'50s & '60s dance music
Chula Vista Community Park; 6-7:30 pm

Sept. 6: Fattburger

Smooth jazz & more
Chula Vista Community Park; 6-7:30 pm

Sept. 13: Evening Concert & Fireworks

Celebrate Chula Vista
Marina View Park

For more information, please call the City of Chula Vista at (619) 585-5682 or visit www.ci.chula-vista.ca.us

Pet Fest

June 28, 8 am - 2 pm

Spruce up Spot and Fluffy for a fun-filled festival for pet lovers! The day includes the Dog Dash, a two-mile run/walk, unusual pet tricks, beauty contest, obedience demonstrations, food, live music, pet-related services and exhibitors in Memorial Park (373 Park Way). For more details, please call the Downtown Business Association at (619) 422-1982.

July Fourth Fireworks

July 4, 9 pm

Celebrate the 4th of July with a spectacular display of fireworks on the Chula Vista Yacht Harbor. For more information, please call the City of Chula Vista (619) 585-5682.

Lemon Festival

August 17, 10 am - 5 pm

Free family festival celebrating Chula Vista's history as the lemon capitol of the U.S., includes live entertainment on three stages, a classic car show, beer gardens, kids fun zone, food and crafts. From Third Avenue between E and G Streets. Sponsored by the Downtown Business Association (619) 422-1982.

For more information about the events taking place in Chula Vista throughout the year, call the City's special events hotline at (619) 585-5682

or visit the "Events & Attractions" link on the City's website at

www.ci.chula-vista.ca.us



C Community Centers

Check with each center about special holiday hours.

The Chula Vista Youth Center, Heritage, Loma Verde, Otay and Parkway Centers provide afternoon and evening activities, and programs for youngsters and adults including crafts, games and special events. The Chula Vista Youth Center, Loma Verde, Otay and Parkway Centers each have a game room available to all ages with activities which include table tennis, foosball and pool. The Chula Vista Youth Center, Otay and Parkway have indoor gymnasiums. Heritage has a dedicated crafts room with kilns and potter's wheels. Otay has a fitness center with free weights, cardio equipment and weight lifting machines (membership is required).

Center Hours

Chula Vista Community Youth Center

Frank Carson, Recreation Supervisor II
465 L Street (619) 691-5276
Mon - Thurs 12 - 8:30 pm
Fri 12 - 7 pm
Sat & Sun 12 - 4 pm

Heritage Park Community Center

Victoria Tom, Recreation Supervisor II
1381 East Palomar St. (619) 421-7032
Mon - Fri 12 - 9 pm
Sat & Sun 12 - 4 pm

Loma Verde Center

Sandy Lucero, Recreation Supervisor II
1420 Loma Lane (619) 691-5082
Mon - Thurs 12 - 8:30 pm
Friday 12 - 7:30 pm
Sat & Sun 12 - 4 pm

Otay Recreation Center

Michelle Castagnola,
Recreation Supervisor II
3554 Main Street (619) 476-5325
Mon - Fri 12 - 9:45 pm
Sat & Sun 12 - 3:45 pm

Parkway Community Center

Shaun Ellis, Recreation Supervisor II
373 Park Way (619) 691-5083
Mon - Thu 12 - 8:30 pm
Fri 12 - 7 pm
Sat & Sun 12 - 4 pm

For more information concerning the following events, contact the center hosting the event.

COMMUNITY YOUTH CENTER

B.A.T. Basic Aid Training

June 30 & July 1
(complete course is both days)
Monday & Tuesday 5 pm - 8 pm
This American Red Cross Certification Program is designed for children ages 8 - 12. Participants will learn step-by-step actions to take in emergencies, basic first aid, how to prevent bicycle injuries, how to be safe in a car and near the water, and why it's important to avoid drugs and other harmful substances. Limited space; pre-registration is recommended. Parents are encouraged to attend. Cost is \$8, and includes American Red Cross participant manual and certificate.

Art Zone

Wednesdays 3 pm
This is a FREE creative arts and crafts program for boys and girls ages 5 - 14. Each week participants have the opportunity to try something new with art: drawing, painting, crafts, and a whole lot more.

Sports Club

Tuesdays & Thursdays 3:15 pm - 4:30 pm
This is a FREE Program for boys and girls ages 6 - 14. Activities will include instructions on the fundamentals of indoor soccer, baseball, basketball, indoor hockey, and flag football. Teamwork and good sportsmanship will be stressed.

HAPPENING AT HERITAGE!

Kids Bingo

Saturday, July 26 12-2 pm
Bring the kids for an afternoon of BINGO. This game is a kid favorite. Prizes will be given.

Patriot's Day

Saturday, Sept. 13 12-2 pm
Participants will complete patriotic arts & crafts and celebrate by playing some All-American games.

After School Program

Monday - Friday 3:30-5:30 pm
Looking for a safe and fun place to send your kids after school? You've found it. Registrants in this program will participate in arts & crafts, games, sports, community involvement projects and educational projects all in a safe environment. Call (619) 421-7032 for fees and additional information.

Summer Intercession Camp

June 23rd-July 18th 8:30am-4:30pm
Get ready for a summer filled with fun and adventure. Camp will offer activities such as arts & crafts, games, field trips and more. Cost of camps range from \$85 to \$100.

Hardcourt Basketball Tournament

Heritage Center
Get your team together now and compete in this double elimination tournament. Each team will be guaranteed two games. Start and end times will be determined by the number of teams registered. Fee: \$100 per team

6-Foot & Under August 2 & 3

Registration Deadline: July 28, 9 pm
Manager's Meeting: August 1, 6 pm

Men August 9 & 10

Registration Deadline: August 4, 9 pm
Manager's Meeting: August 8, 6 pm

Coed August 16 & 17

Registration Deadline: August 11, 9 pm
Manager's Meeting: August 15, 6 pm

Teen August 23 & 24

Registration Deadline: August 18, 9 pm
Manager's Meeting: August 22, 6 pm

Programs

LOMA VERDE ROCKS!

Red, White & Blue Day

July 3 2 - 4 pm

Come and join an afternoon of All-American fun! There will be a variety of contests from Watermelon eating, Water balloon toss, Potato sack races, Pie eating, Hot Dogs, and Patriot crafts. All activities are FREE, for more information call (619) 691-5082.

Christmas in July

July 25 2:30-4:30pm

Santa will be catching some rays at the Loma Verde Center. Come down for games, crafts, free pictures with Santa and a candy cane. For more information call (619) 691-5082.

Club LV Teen Dances

Live DJ playing the best Hip-Hop, Top 40s and slow jams. Dance contest, best costume, raffles and much more. \$3 cover charge. For more info, call (619) 691-5082.

"Everybody Surfing Now"

Summer Kick-off Bash

June 27 8 - 11 pm

"Shake your Groove Thing"

70's Disco

July 25 8 - 11 pm

Tropical Boogie Nights

August 22 8 - 11 pm

Teen Nights

July 11 & August 8 8 - 11 pm

Looking for something to do Friday night? Come kick it at the Loma Verde Center. Free activities include the game room, floor hockey, contests, movies, and food.

Loma Verde Creative Corner

Tuesdays 2:30 - 4 pm

This is a free program for girls and boys, ages 5 - 14. Creative Corner is designed to introduce participants to a variety of holiday and seasonal crafts. A calendar of craft projects is located at the center.

Loma Verde Sports Club

Thursdays 2:30 - 4 pm

This is a free program for boys and girls, ages 6 - 14. Activities will include instructions on the fundamentals of floor hockey, soccer, baseball, basketball, and flag football. Team work and good sportsmanship will be stressed. There will also be swim days and BBQs.

WizKidz



The Wiz Kidz program is part of the Chula Vista Recreation Department Drug Prevention and Gang Diversion Program. Based at the Otay and Loma Verde Centers, it offers elementary school age children an alternative to drug use and gang involvement. Activities are designed to increase drug awareness, build self-esteem and enhance refusal skills. Loma Verde Center

Fri 4:30 - 6:30 pm

OTAY'S OUT OF SIGHT!

J.U.M.P.

Thursdays

2 - 4 pm

Join J.U.M.P., a free multi-sport program that teaches skills in a variety of different sports for ages 6 - 12.

Jammin' Summer Kickoff Coin Carnival

June 18

3 - 5 pm

Enjoy an afternoon of fun and games. Popcorn, carnival games, sandy candy, and prizes. Nothing costs more than a dime. So rob those piggy banks and come have some fun!

3-on-3 Basketball Tournament

July 25

6:30 - 10 pm

Get your team of three together and enter Otay's 3-on-3 Tournament. Call (619) 476-5325 for more information.

Summer's End at Otay

August 30

12:30 pm

Come get a taste of our recreational classes with special performances from our children. Juice and cookies following the performances.

PARKWAY PRESENTS

Parkway Projects

Fridays

3:30 - 5 pm

Join the Parkway staff for an enjoyable time creating a variety of projects for various occasions. Staff will also provide special homework help during this time. This activity is offered free of charge.

**Come join the fun at the
Chula Vista Community Centers!**



ummer Recreational Classes

The following are 8-week courses, unless specified otherwise. Classes begin the week of July 7, and end the week of August 25.

PRESCHOOL • KIDS

Bumble Bee Sports

The 9-week Bumble Bee Sports program is designed to provide an introduction to sports and motor-skills development for little athletes. Each session, "little bees" will experience two different sports. Class meets both Friday and Saturday. Includes T-shirt, sports photo and award.

Instructor: Staff

Fee: \$85 Resident / \$105 Nonresident

Ages 2 - 3 yrs.

#0150.341

Otay

Nerf Flag Football, Volleytennis

Fri 4 - 4:45 pm

Sat (games) 4 - 4:45 pm

#0150.301

Heritage

Track & Field, and Soccer

Fri 4 - 4:45 pm

Sat (games) 10 - 10:45 am

Ages 4 - 5 yrs.

#0150.343

Otay

Nerf Flag Football, Volleytennis

Fri 5 - 5:45 pm

Sat (games) 5 - 5:45 pm

#0150.302

Heritage

Track & Field, and Soccer

Fri 4:55 - 5:40 pm

Sat (games) 11 - 11:45 am

Tiny Tots

Ages 3 - 5 yrs.

The Recreation Department Tiny Tot program is designed to provide worthwhile and enjoyable experiences for youngsters in their first step from home into a stimulating and enjoyable recreational environment. Daily activities that are offered include storytelling, arts and crafts, show and tell, music, and games to develop social skills. We recommend that children who are registered for four days be enrolled at different centers. Parents provide daily snacks. All participants must be completely potty trained. Children must be at least 3 years of age prior to the beginning of the session. Proof of age is required at the first class meeting.

Instructors: D. Sakamoto (PW),

M. Campos (LV)

Fee: \$88 Resident / \$110 Nonresident

#0090.361

Parkway

Tue/Thu

9 - 11:50 am

#0090.322

Loma Verde

Tue/Thu

9 - 11:50 am

#0090.363

Parkway

Wed/Fri

9 - 11:50 am

#0090.324

Loma Verde

Wed/Fri

9 - 11:50 am

Mom (or Dad) & Me 18 mos. - 3 yrs.

The primary goal of this class is to develop socialization skills through exposure to other children. The activities will be geared toward interaction between the parent and child. Parents will also find this class to be a valuable way to share their child-rearing experiences with other parents.

Instructor: K. Apalategui

Fee: \$22 Resident / \$28 Nonresident

#0001.361

Parkway

Tue

10 - 10:50 am

Preschool Tumbling 4 - 5 yrs.

This class emphasizes the development of coordination, balance, flexibility and self-confidence through the introduction of beginning tumbling skills. Beginning tumblers must enroll in Preschool Tumbling I. NOTE: At Parkway Center, the classes are on-going, with no break between sessions. To register for the Loma Verde classes, follow the guidelines listed on page 18.

Instructors: L. Cornwall, A. Camastro-Lee

Parkway Quarterly Fee:

\$30 Resident/ \$37 Nonresident

Pre-School Tumbling I

#0010.361

Parkway

Fri

2:30 - 3:20 pm

#0010.333

Loma Verde

Sat

9 - 9:50 am

Pre-School Tumbling II

#0010.365

Parkway

Sat

10 - 10:50 am

#0010.325

Loma Verde

Sat

10 - 10:50 am

#0010.333

Loma Verde

Sat

9 - 9:50 am

Learn & Play 3 - 5 yrs.

This class is designed for children with more than one interest. There are four focus points of the class (two weeks each), including arts & crafts, music & movement, language & number development, and sports clinics. Each week, your child will bring home an item highlighting their accomplishments. Parents are encouraged to participate with the child.

Instructor: Staff

Fee: \$77 Resident / \$95 Nonresident

#0230.341

Otay

Tue/Thu

9:30 - 11 am

Kreative Wonders 18 mo. - 5 yrs.

Movement Education

Emphasis for this program is focused on building children's perceptual and locomotor skills as well as their self esteem through a variety of movement activities, including parachute play, obstacle courses, singing and group interaction. Physical strength, flexibility and overall body awareness are gained through fun and challenging, age-appropriate exercises such as climbing, jumping, rolling, balancing and basic tumbling and gymnastic skills.

Instructors: C. Paseman (H), Staff (Otay)

Fee: \$37 Resident / \$45 Nonresident

Toddler Gym 18 mos. - 2 1/2 yrs.

#0050.344

Otay

Mon 3:40 - 4:20 pm

#0050.301

Heritage

Wed

9 - 9:40 am

#0050.302

Heritage

Fri

9 - 9:40 am

#0050.303

Heritage

Sat

9 - 9:40 am

Kinder Gym 2 1/2 - 3 1/2 yrs. (w/ Adult)

#0055.301

Heritage

Wed

9:45 - 10:25 am

#0055.302

Heritage

Fri

9:45 - 10:25 am

#0055.303

Heritage

Sat

9:45 - 10:25 am

#0055.343

Otay

Mon

5:20 - 6 pm

Kinder Gym 2 3 1/2 - 5 yrs.

#0060.301

Heritage

Wed

10:30 - 11:10 am

#0060.302

Heritage

Fri

10:30 - 11:10 am

#0060.303

Heritage

Sat

10:30 - 11:10 am

#0060.343

Otay

Mon

4:30 - 5:10 pm

Preschool • Kids

Music for Kids 3-5 yrs. w/ Adult
This music and movement class is fun, and will enhance all areas of your child's development. Through singing, movement, and playing simple rhythm instruments, the foundation for a life-long love of music is established.
Instructor: L. Lagdaon
Fee: \$40 Resident / \$50 Nonresident

#0160.301 Heritage
Wed 5:15 - 6 pm

Preschool Tap Dance 4 & 5 yrs.
Emphasis on motor skills using creative movement with imagination.
Instructors: T. Webster (PW), C. Martinez (Otay), M. Gorman (YC)
Youth Center & Parkway Fee:
\$30 Resident / \$37 Nonresident
Otay Fee:
\$38 Resident / \$47 Nonresident

#0120.345 Otay
Thu 3:30 - 4 pm

#0120.361 Parkway
Wed 3:30 - 4 pm

#0120.385 CV Youth Center
Fri 4 - 4:30 pm

Preschool Hip Hop 3 - 5 yrs.
This class is for the little dancers who want to learn the basic moves of hip hop and have fun at the same time.
Instructor: A. Hernandez
Fee: \$23 Resident / \$28 Nonresident

#0200.341 Otay
Thu 4 - 4:30 pm

Preschool Jazz/Hip Hop 3 - 5 yrs.
Students learn the basic dance technique and terminology in Jazz, doing dance combinations & having fun at the same time.
Instructor: G. Andrade
Fee: \$28 Resident / \$34 Nonresident

#0160.321 Loma Verde
Mon 2:30-3:30 pm

Preschool Mexican Folk Dance 3 - 5 yrs.
Basic recreational instruction in various regional dances. The emphasis is on developing rhythm and listening skills.
Instructors: Y. Chacón Beniquez (PW), M. Sanchez (YC & Otay)
Youth Center Fee:
\$25 Resident / \$30 Nonresident

Parkway Fee:
\$15 Resident / \$19 Nonresident

#0140.381 CV Youth Center
Tue 4 - 4:30 pm
#0140.362 Parkway
Sat 9:30 -10 am

Preschool Bailes Lindos - Folklórico 1 - 5 yrs.
The basics of graceful and exciting Latin dance will be taught to beginners. Learn rhythm and listening skills.
Instructor: M. Sanchez
Fee: \$25 Resident / \$32 Nonresident

#0140.343 Otay
Tue 4 - 4:30 pm
#0140.344 Otay
Sat 2:15 - 2:45 pm
#0210.341 Otay
Sat 12:30-1 pm
#0210.321 Loma Verde
Thu 4:15 - 4:45 pm

Preschool Ballet 3 - 5 yrs.
Students will learn elementary ballet techniques and terminology with increased emphasis on basic motor skills utilizing creative movement combined with imagination. This course covers routines, rhythm, coordination and stretching.

Instructors: C. Soriano - Perez/A. Jiles
Fee: \$21 Resident / \$27 Nonresident

#0110.361 Parkway
Mon 4 - 4:30 pm
#0110.362 Parkway
Mon 4:30 - 5 pm
#0110.363 Parkway
Tue 4 - 4:30 pm
#0110.344 Otay-MAAC
Wed 5 - 5:30 pm
#0110.385 CV Youth Center
Thu 4 - 4:30 pm
#0110.301 Heritage
Thu 5:30 - 6 pm
#0110.302 Heritage
Fri 5:30 - 6 pm
#0110.303 Heritage
Fri 6 - 6:30 pm
#0110.326 Loma Verde
Fri 4 - 4:30 pm
#0110.327 Loma Verde
Fri 4:30 - 5 pm

Mommy & Me Tap/Belly Dancing 3 yrs +
Here is your chance to participate with your child. You may sign your preschooler up for this class by themselves, or sign yourself up, too, and participate with your child. The first half hour will focus on tap; the second half hour will focus on belly dancing.
Instructor: T. Webster
Fee: \$45 Resident / \$57 Nonresident

#1220.301 Heritage
Mon 3 - 4 pm

Preschool Belly Dancing 3 - 5 yrs.
Students will learn basic belly dancing movements.
Instructor: C. Martinez
Fee: \$38 Resident / \$48 Nonresident

#0180.361 Parkway
Fri 3:30 - 4 pm

SUMMER RECREATION CLASSES

The following are 8-week courses, unless specified otherwise. Classes begin the week of July 7, and end the week of August 25.

PERFORMING ARTS • DANCE

Ballet

Students will learn ballet steps, techniques and terminology as they have fun and improve their poise. This course covers ballet combinations, rhythm, coordination and stretching.

Instructor: C. Soriano-Perez

Fee: \$25 Resident / \$30 Nonresident

Level 1	6 yrs. & over
#1230.361	Parkway
Mon	5 - 5:45 pm
#1230.342	Otay-MAAC
Wed	5:30 - 6:15 pm
#1230.383	CV Youth Center
Thu	4:30 - 5:15 pm
#1230.384	CV Youth Center
Sat	12:30 - 1:15 pm

Levels 1 & 2	6 yrs. & over
#1235.301	Heritage
Thu	6 - 6:45 pm
#1235.302	Heritage
Fri	6:30 - 7:15 pm
#1235.324	Loma Verde
Fri	5 - 5:45 pm
#1235.386	CV Youth Center
Sat	1:30 - 2:15 pm

Level 3	8 yrs. & over
#1240.361	Parkway
Tue	4:30 - 5:15 pm

Level 4 (Beg. Pointe)	10 yrs. & over
#1245.361	Parkway
Mon	5:45 - 6:30 pm

Tap Dance

Emphasis is on basic steps, rhythm and easy routines.

Instructors: T. Webster (H, PW), C. Martinez (Otay), M. Gorman (YC)

Heritage & Parkway Fee:

\$45 Resident / \$57 Nonresident

Otay Fee:

\$42 Resident / \$53 Nonresident

Youth Center Fee:

\$30 Resident / 35 Nonresident

Level 1	6 yrs. & over
#1205.304	Heritage
Mon	4 - 4:50 pm

#1205.345	Otay
Thu	4 - 4:50 pm
#1205.361	Parkway
Wed	4 - 4:50 pm
#1205.381	CV Youth Center
Fri	4:30 - 5:20 pm
Level 2	7 yrs. & over
Prerequisite: Approval of instructor or successful completion of Level 1 Tap.	
#1255.362	Parkway
Wed	5 - 5:50 pm

Adult Tap Dance 16 yrs. & over
Toe-tappin' fun, learning basic steps through intermediate routines. Great exercise, great class! Tap shoes required at second class meeting.
Instructor: C. Schroeder
Fee: \$21 Resident / \$26 Nonresident

#1260.362	Parkway
Mon	7 - 7:50 pm

Jazz/Hip Hop

Students have fun as they learn basic and advanced dance techniques, combinations and terminology.
Instructor: G. Andrade

Level 1	6 - 8 yrs.
Fee: \$28 Resident / \$34 Nonresident	
#1365.321	Loma Verde
Tue	2:30-3:30 pm
Level 2 & 3	8 yrs. & over
Fee: \$36 Resident / \$44 Nonresident	
#1365.322	Loma Verde
Mon & Tue	3:30 - 4:45 pm

Hip Hop

This class is for anyone who wants to learn basic hip hop, or improve on their skills. Open to all those who want to meet new people and have fun!

Instructor: A. Hassan (Youth Center), A. Hernandez (Otay)

Fee: \$35 Resident / \$43 Nonresident

Ages 8 - 13 yrs.

#1365.381	C.V. Youth Center
Tue	7:30 - 8:20 pm
#1365.343	Otay
Wed	6:30 - 7:20 pm

Ages 14 yrs. & over

#1365.382	C.V. Youth Center
Tue	8:20 - 9:10 pm

Jazzy Line Dancing 13 yrs. & over
Join an exercise class with exciting choreography to a variety of musical selections that will keep you asking for more. Bring your friends and neighbors to join in an activity that ranges from beginner to intermediate levels.
Instructor: B. Ellis
Fee: \$37 Resident / \$46 Nonresident

#1510.301	Heritage
Tue & Thu	7 - 9 pm

Youth Belly Dancing 6 - 12 yrs.
Students will learn rhythm, coordination and stretching. Middle Eastern outfits are colorful and have a lot of sparkle. Veils are fun!
Instructors: S. Eastwood (YC), D. Wiesner (H),

#1410.381	CV Youth Center
Fee: \$24 Resident / \$29 Nonresident	
Mon (8 weeks)	3:30 - 4:10 pm

#1410.302	Heritage
Fee: \$37 Resident / \$47 Nonresident	
Wed	5 - 5:50 pm

Mommy & Me Belly Dancing 6 yrs. & over
This class is for all ages! Register for the class with your child, or by yourself. Learn basic steps and movements, coordination and rhythm, plus duet dancing. They'll also have fun with colorful veils.
Instructor: C. Martinez

Fee: \$40 Resident / \$49 Nonresident

#1410.362	Parkway
Fri	4 - 4:50 pm

#1410.343	Otay
Tue	4 - 4:50 pm

Mexican Folk Dance

Instruction offered in regional dances with emphasis on stage presence, self confidence and projection. Performances are given throughout the year. Costuming cost not included in fee. Instructor approval required for Level 2, Intermediate and Advanced classes.

Instructors: M. Gorman (YC), Y. Chacón Beniquez (PW), M. Sanchez (Otay & LV)
Fee: \$25 Resident / \$30 Nonresident

Beginning	6 yrs. & over
#1245.381	CV Youth Center
Tue	4:30 - 5:20 pm
#1245.362 (Level 2)	Parkway

Performing Arts • Dance

Sat	10 - 10:50 pm
#1245.363 (Level 1)	Parkway
Sat	11 - 11:50 pm
#1245.321	Loma Verde
Thu	5 - 5:45 pm
#1245.344	Otay
Tue	4:45 - 5:30 pm
#1245.345	Otay
Sat	3 - 3:45 pm
Emerging Level	11 - 20 yrs.
#1250.361	Parkway
Sat	1 - 1:50 pm
Intermediate	7 yrs. & over
#1250.362 (Level 2)	Parkway
Sat	12 - 12:50 pm
#1250.363 (Level 1)	Parkway
Sat	2 - 2:50 pm
Advanced	8 yrs. & over
#1255.361	Parkway
Thu	6 - 6:50 pm

Mexican Folk Dance Techniques 11 - 20 yrs.
Structured for intermediate abilities. Class includes skirt movements and stage presentations.
Instructor: M. Sanchez
\$25 Resident / \$30 Nonresident
#1260.361 (Girls only) Parkway
Sat 3 - 3:50 pm

Latin Dance 6 - 14 yrs.
The basics of graceful and exciting Latin dance will be taught to beginners. Learn rhythm and listening skills.
Instructor: M. Sanchez
\$25 Resident / \$30 Nonresident
#1310.341 Otay
Sat 1:15 - 2 pm

Hawaiian-Tahitian Dance 6 - 10 yrs.
This class teaches the basics of Hawaiian & Tahitian dance, focusing on movement of the lower body and hands.
Instructor: W. Casillo
\$40 Resident / \$50 Nonresident
#1270.301 Heritage
Wed 4 - 4:50 pm

Afro Cuban Rhythms 8 yrs. & over
This class enhances students' abilities within the realm of Afro Cuban Music. Learn how to play and perform several Afro Cuban Instruments.
Instructor: Juan Sanchez, has trained with some of the best international musicians, including Emilio Camacho, Tom Float, Erick Mabre, and Mark Lambson. If you are interested in developing your Afro Cuban groove, this is the class for you!
\$42 Resident / \$51 Nonresident
#1310.341 CV Youth Center
Wed 3:30 - 5 pm

Bailes Lindos – Folklórico Mexicano
Experience the beautiful culture of Mexico with "Bailes Lindos." Participants develop poise, rhythm, teamwork, stage presence, and an appreciation for Latin America's rich history. Fundamental ballet and tap concepts are woven into the instruction. There will be material costs in addition to the class fee. Instructor's approval is required for intermediate & advanced classes.
Instructor: J. Gutiérrez-Reed
Fee: \$28 Resident / \$34 Non-Resident

Beginning 8 yrs. & over
#1246.381 CV Youth Center
Sat 9 - 9:40 am
Intermediate 9 yrs. & over
#1248.383 CV Youth Center
Sat 9:45 - 10:30 am
Advanced 10 yrs. & over
#1248.385 CV Youth Center
Sat 10:40 - 11:30 am
#1248.384 CV Youth Center
Wed 6:15 - 7:30 pm

Polynesian Dance
The basics of graceful and exciting Polynesian dance will be taught to beginners. New dances will be introduced to intermediate and advanced students, with emphasis on challenging routines and preparation for public appearances. Instructor's approval is required for all intermediate & advanced classes.
Instructors: G. Berthiaume & S. Rogacion (LV), L. Jazmin (OT)
Loma Verde Fee:
\$20 Resident / \$25 Nonresident
Otay Fee:
\$29 Resident / \$35 Nonresident

Beginning Ages 5 & over
#1280.341 Otay
Mon 6:30 - 7:20 pm
#1280.322 Loma Verde
Thu 5:45 - 6:35 pm
#1280.323 Loma Verde
Sat 10 - 10:50 am
Beginning Ages 12 - Adults
#1290.321 Loma Verde
Wed 7:30 - 8:20 pm
#1290.322 Loma Verde
Sat 12:00 - 12:50 pm
Intermediate Ages 8 & over
#1295.321 Loma Verde
Wed 5:30 - 6:20 pm
#1295.322 Loma Verde
Sat 11:00 - 11:50 am
Advanced 9 yrs. & over
#1298.325 Loma Verde
Wed 6:30 - 7:20 pm



SUMMER RECREATION CLASSES

The following are 8-week courses, unless specified otherwise. Classes begin the week of July 7, and end the week of August 25.

Belly Dancing Adults

This ancient and beautiful art form has many movements that are thousands of years old. The class will cover body movements, veils and finger cymbals with dance. Instructors: Anjela (PW), S. Eastwood (YC), D. Wiesner (HC)
Heritage & Parkway Fee:
\$37 Resident / \$47 Nonresident

Youth Center Fee:
\$45 Resident / \$54 Nonresident

#1540.301	Heritage
Mon	5 - 5:50 pm
#1540.381	CV Youth Center
Mon	6:30 - 7:45 pm
#1540.362	Parkway
Wed	6:30 - 7:20 pm

Flamenco Dance

Flamenco, one of the most renowned of all Spanish dances, is from Andalucia, and is a genuine southern Spanish art, influenced by diverse cultures and civilizations throughout history. Students will develop self-confidence, rhythm, teamwork, poise, stage presentation and preparation for public appearances. Practice items and costume costs are in addition to class fees.
Instructors: D. Wiesner
Fee: \$37 Resident / \$47 Nonresident

Intro Level	6 - 12 yrs.
#1465.301	Heritage
Tue	5 - 5:50 pm
Beg. Level 1	Adults
#1470.301	Heritage
Tue	6 - 6:50 pm
Beg. Level 2	13 yrs. & over
#1475.311	Heritage
Mon	6 - 6:50 pm

Beginning Salsa/Merengue Adults

Learn to dance to the popular Salsa and Merengue music. Everyone is welcome to join the fun. Participants should have prior knowledge of the basic steps of Salsa and Merengue for the intermediate class.
Instructor: E. Arredondo
Fee: \$24 Resident / \$30 Nonresident

Beginning	
#1480.321	Loma Verde
Mon	7 - 7:50 pm
Beginning / Intermediate	
#1485.322	Loma Verde
Thu	7 - 7:50 pm
Intermediate	
#1485.323	Loma Verde
Tue	7 - 7:50 pm

Cheer/Dance 7 - 10 yrs.

Students will learn the basics of cheer and dance, and learn what it takes to become a good cheerleader.
Instructor: C. Flournoy
Fee: \$45 Resident / \$54 Nonresident

#1430.301	Heritage
Wed	3 - 3:50 pm

Creative Art of Acting

Experience the technical and creative aspects of theatre arts. Aspiring actors of all ages will gain insight into the principles of acting and vocal techniques, character and scene analysis, improvisation and more.
Instructor: D. Smith
Fee: Resident \$36 / Nonresident \$44

6 - 8 yrs.	
#1530.341	Otay
Tue	6:30 - 7:30 pm

9 yrs & over	
#1530.362	Chula Vista Women's Club
Sun	2 - 4 pm
#1530.344	Otay
Wed	6:30 - 8:30 pm

Little Voices (Chorus) 7 - 12 yrs.

Students learn some basic vocal techniques like breathing, phrasing, enunciation, etc. This course will also help develop confidence and teamwork by performing as a group in recitals during fall & spring. A materials fee of \$6 will be collected by the instructor during the first class meeting. This includes a practice cassette tape and music folder.
Instructor: N. Villanueva
Fee: \$48 Resident / \$60 Nonresident

#1520.302	Heritage
Mon	4:15 - 5 pm

Guitar - Beginning 8 yrs. & over

Experience the world of guitar playing. This course is designed to teach how to finger the guitar, read music, learn chords and rhythms. The guitar will need to be provided by the student and Melbay's Modern Guitar Book No. One is required.
Instructor: W. Rivera
Fee: \$45 Resident / \$54 Nonresident

#1560.382	CV Youth Center
Wed	6 - 6:50 pm

#1560.381	CV Youth Center
Wed	5 - 5:50 pm

#1560.301	Heritage
Mon	5 - 5:50 pm

Keyboard 7 yrs. & over

Students learn basic keyboard playing which includes note reading, fingering, chords, and rhythm. Students need to provide their own keyboard with at least 4 octaves or 30 keys in length and are expected to play in recitals during fall & spring. \$6 materials fee will be collected by the instructor during the first class meeting. Instructor: N. Villanueva
Fee: \$48 Resident / \$60 Nonresident

#1580.302	Heritage
Wed	4:15 - 5 pm

Instant Piano

(for hopelessly busy adults)
In just one three-hour workshop, students can learn enough secrets of the trade to provide years of enjoyment at the piano. Learn all the chords needed to play a song in class. It's easy & fun. \$20 materials fee will be required at the first class for a spiral bound book and 60 minute cassette tape for home study practice.
Instructor: J. Davis
Fee: \$30 Resident / \$36 Nonresident

#1590.381	Chula Vista Woman's Club
Mon (August 18)	6 - 9 pm

CREATIVE CLASSES

Cartooning 8 - 14 yrs.

Learn the basic drawing techniques of cartooning. Students will learn how to render everyday objects and people as cartoons and will be shown how to develop their own cartoon characters into a comic strip. In addition, students will be taught comic book production and drawing techniques. Emphasis will be on classroom participation and creativity. Fee includes supplies.
Instructor: G. Holcomb
Fee: \$26 Resident / \$33 Nonresident

#3260.362	Parkway
Wed	6 - 6:50 pm

Performing Arts • Dance • Creative Classes

Scrapbooking 12 yrs. & over
Make your own scrapbooks quickly and easily. Learn how to make your pictures, photos and memories safe, meaningful and creative. Fee includes all reading materials, supplies to complete two (2) pages front and back and bonus gifts! Extra supplies and materials will be available for additional fee. Please bring pictures.
Instructor: K. Ralston
Fee: \$35 Resident / \$44 Nonresident

#3180.301 Heritage
Mon 6 - 8 pm

*NOTE: Class will be held July 7, 21, & 28 and August 18

Floral Design Adults 18 & over
Beat the costly floral arrangements in the market. Learn the basics of floral arrangement and design your own floral displays for your home. Note: there is a materials fee of \$25 in addition to the class cost.
Instructor: C. Littlejohn
Fee: \$40 Resident / \$50 Nonresident

#3999.380 CV Youth Center
Fri 4 - 6 pm

Watercolor Painting 10-14 yrs.
Learn the basics of watercolor painting. Create greeting cards, landscapes, still lifes, and an abstract painting.
Instructor: L. Smyth
Fee: \$40 Resident / \$50 Nonresident

#3140.301 Heritage
Wed 6:15 - 7 pm

Art for Fun
Enjoy arts and crafts projects and experience working with different materials. Creativity and use of imagination are encouraged. Fee includes materials.
Instructor: M. Anzaldúa
Fee: \$25 Resident / \$31 Nonresident

5 - 7 years (with adult):
#3145.301 Heritage
Fri 4-4:50 pm

8 - 11 years:
#3145.302 Heritage
Fri 5-5:50 pm

Cooking 6 - 12 yrs.
Youngsters learn their way around the kitchen as well as the basics of nutrition.
Instructors: Staff
Fee: \$18 Resident / \$22 Nonresident

#3111.321 Loma Verde
Wed 3:30 - 4:30 pm

#3111.362 Parkway
Thu 3:30 - 5 pm

Instructor: S. Longville
Fee: \$17 Resident / \$20 Nonresident

#3111.343 Otay
Fri 4:30 - 5:20 pm

Drawing Plus!

This 9-week course starts with several weeks of basic drawing - people, animals, places and plants with crayons, oil pastels, markers and pencils, etc. - then adds painting techniques to create some nifty images worthy of the finest refrigerator or wall. An "art shirt" is advisable.
Instructors: J. Colby (PW), C. Longville (OT)
Fee: \$35 Resident / \$43 Nonresident
6 - 10 yrs.

#3110.361 Parkway
Wed 3:30 - 4:20 pm

#3110.342 Otay
Mon 4:30 - 5:20 pm

Clay Plus! 6 - 10 yrs.
Make critters, puppets, animals and constructions out of lots of clay, wire, cardboard, plaster, glue, sticks, etc. Wonderfully messy! Great fun! Bring an apron or "art shirt." This is a 9 week course.
Instructor: J. Colby
Fee: \$40 Resident / \$50 Nonresident

#3120.361 Parkway
Wed 4:30 - 5:20 pm

Totally Art! 6 - 10 yrs.
Banners and books, cards and creatures, constructions, collages, montages and masks are among the art projects in this course of exploration in many media. Dress for mess! Fee includes supplies.

Instructor: Staff
Fee: \$28 Resident / \$34 Nonresident

#3150.301 Heritage
Wed 5 - 5:50 pm

#3150.303 Heritage
Tue 4 - 4:50 pm

#3150.342 Otay
Thu 4:30 - 5:20 pm

Ceramics 10 yrs & over
This introductory class is designed to teach students the basics of working with ceramics. Molds and kiln are available. Other materials are supplied by students.
Instructor: N. Wallis (Loma Verde)

Fee: \$28 Resident / \$35 Nonresident

#3200.321 Loma Verde
Thu 9 - 12 am

#3200.323 Loma Verde
Wed 6 - 8 pm

Creative Clay 6 yrs. & over
This class welcomes beginning through advanced students. Several basic ceramic handbuilding techniques will be taught. Creativity will be encouraged along with learning. Fee includes one bag of clay, some tools and glazes. Extra clay, tools and glazes are additional.
Instructor: A. Melzer
Fee: \$29 Resident / \$35 Nonresident

#3180.321 Loma Verde
Mon 6 - 8 pm

Creative Studio
Come surprise yourself! Explore and renew your creative spirit! We will enjoy music and experiment with writing, drawing, painting and sculpture. This is an opportunity for anyone to come create individually or with friends or even the kids. There are plenty of materials for everyone.

We'll have a public artist/educator facilitating.
Instructor: J. Brisebois
Fee: \$40 Resident / \$50 Nonresident

#3220.301 Heritage
Tue 7 - 9 pm

SUMMER RECREATION CLASSES

The following are 8-week courses, unless specified otherwise. Classes begin the week of July 7, and end the week of August 25.

Intro to Clay

Learn basic techniques in clay using a variety of methods. Projects will include handbuilding and throwing on a potter's wheel. Creativity and learning is always encouraged in a safe and friendly environment. Decorate your home with handmade items. It's up to you and your imagination. A materials list will be provided at registration. Class will meet for the first six weeks.

Instructor: A. Bernard-Bryant

Fee: \$29 Resident / \$37 Nonresident

Children	7 - 12 yrs.
#3230.301	Heritage
Thu	4:30 - 5:30 pm
Teens	13 - 18 yrs.
#3235.301	Heritage
Thu	5:30 - 6:30 pm
Adults	
#3240.301	Heritage
Thu	7 - 8:30 pm

Mosaic Tile

Adults

Decorate patio block, a picture frame, a jar, and make your own projects. Learn to cut glass and work with tile, glue and grout. Join us, and have a great time decorating your house with tile projects!

Instructor: M. Anzaldua

Fee: \$45 Resident / \$57 Nonresident

#3150.301	Heritage
Wed	7 - 8 pm

Awesome Art

8 yrs. & over

Students will learn the art of crafting, from a variety of materials (wood, fiber, metal, and clay). Basic tools and supplies will be provided; additional materials are optional. Projects are easy to assemble, and are fun for all ages.

Instructor: A. Melzer

Fee: \$29 Resident / \$35 Nonresident

#1531.321	Loma Verde
Thu	6 - 8 pm

Uñas Acrílicas

8 yrs. & over

Clases acerca de uñas acrílicas en español. Estudiantes aprenderán como aplicar uñas preciosas por una profesional. (This class is offered in the Spanish language only.)

Instructor: M. Lizarraga

Fee: \$30 Resident / \$36 Nonresident

#3112.381	CV Youth Center
Mon	4 - 6 pm

Cocina Internacional

8 yrs. & over

Clases acerca de cocina internacional en español. Estudiantes aprenderán como hacer comidas especiales de diferentes partes del mundo.

(This class is offered in the Spanish language only.)

Instructor: M. Lizarraga

Fee: \$30 Resident / \$36 Nonresident

#3181.381	CV Youth Center
Thu	4 - 6 pm

FITNESS

Parkway Step Aerobics

Adults

Cardiovascular workouts combining traditional aerobic exercise and the STEP. Improve health and burn the fat away! Enroll with the instructor.

Instructor: N. Kelsey

Fee: \$5/single class or \$20/month*

Parkway	
Tue/Fri	5:30 - 6:30 pm

Aerobics, Stretch & Strength

Adults

An all-over shaping and strengthening workout using free weights and body weight. Be strong...look better, feel better...get results! Enroll with the instructor.

Instructor: N. Kelsey

Fee: \$5/single class or \$20/month*

Parkway Center	
Mon/Thu	5:30 - 6:30 pm
*Cross-train throughout the month.	
Those who want to combine both weight workouts and aerobic exercise can take off \$5 from the combined monthly prices, and attend both of the classes. Classes may be started at any time.	

Loma Verde Step Aerobics

Adults

Tone, firm and shape the upper and lower body with exercise bands and hand weights. Improve circulation and breathing, strengthen bones and muscles. Decrease stress and anxiety, gain better control of body weight and diet. Lower both blood pressure and cholesterol. Meet new friends and most importantly, have fun!

Instructor: C. Saunders

Fee: \$5/day or \$20/month

Loma Verde	
Mon/Wed/Fri	6 - 7 pm

Aerobic Combo

Adults

A combination class that incorporates hi and low-impact aerobics, step aerobics, body sculpting, and/or kick-boxing into one total body aerobic workout. Students gain proper education for use of equipment utilized while performing each exercise, correct load and repetitions utilized in order to achieve an individualized training effect and motivational instruction.

Instructor: P. Payne

Fee: \$5/class or \$50/10-week session

#4100.301	Heritage
Mon/Wed	7 - 7:45 pm
#4100.302	Heritage
Tue/Thu	10 - 10:45 am

Tai-Chi

Adults

Tai-Chi is a slow meditative moving exercise which develops physical, mental, and emotional health and coordination. It has been proven to relieve stress, the common cause of many ailments.

Likewise, Tai-Chi develops agility and balance especially in older adults.

Instructor: R. Vera

Fee: \$60 Resident / \$75 Nonresident

#4120.301	Heritage
Thu	9 - 10 am
Tue	9 - 10 am

Yoga

Adults

Yoga builds a strong foundation for self-assurance, clear thinking and responsibility. Develop deep breathing, increased flexibility, and good health through easy and pleasurable movements.

Instructor: Y. Rodriguez

Fee: \$34 Resident / \$41 Nonresident

#4110.381	CV Youth Center
Mon	6:30 - 7:30 pm
Tue	6 - 7 pm
#4110.322	Loma Verde
Wed	7 - 8 pm
Thu	6 - 7 pm

Creative Classes • Fitness

Games Galore!

6 - 10 yrs.

Fundamentals of teamwork and sportsmanship are stressed as future superstars are introduced to the world of sports. Activities will vary from session to session.

Instructor: E. Johnson (PW), Staff (Otay)

Fee: \$21 Resident / \$25 Nonresident

Ages 5 - 6 Years:

#4050.361 Parkway
Tue 4 - 4:50 pm

Ages 6 - 10 Years:

#4050.342 Otay
Tue 5:35 - 6:25 pm

Emerging Athletes Program

The Emerging Athletes Program is a series of 9-week courses designed to provide an introduction to various sports. Each session consists of two sports and one week of leisure activities. Fee includes T-shirt, sports photo, and award.

Instructors: Staff

Fee: \$80 Resident / \$100 Nonresident

LaCrosse & Golf 6 - 7 yrs.

#4060.302 Heritage
Tue 4:30 - 6 pm

LaCrosse & Golf 8 - 9 yrs.

#4065.301 Heritage
Thu 4:30-6 pm

Archery

Learn the fun and growing sport of archery. Basic instruction is provided by an instructor certified by the National Archery Association. Equipment is provided. The class location is Paseo Del Rey Park, 750 Paseo Del Rey.

Instructor: M. LeBlanc

Fee: \$40 Resident / \$49 Nonresident

Beginning 8 - 17 yrs.
#4230.381 Paseo Del Rey Park
Sat 9 - 9:50 am

Intermediate 8 - 17 yrs.
#4235.381* Paseo Del Rey Park
Sat 10 - 10:50 am

Advanced 13 yrs. - Adult
#4240.382* Paseo Del Rey Park
Sat 11 - 11:50 am

*Prerequisite: Successful completion of beginning course and approval of instructor.

Cardio Ab Workout

Adults

This low impact cardiovascular workout combines traditional martial art movements with full body stretching. Emphasis on upper and lower abdominal. Participants will need to bring a towel or mat.

Instructor: J. Hickman

Fee: \$20 Resident / \$25 Nonresident

#4260.363 Chula Vista Woman's Club

Tue 7 - 7:50 pm

Drop off the kids at Tiny Tots and get that Cardio Ab workout in while they're in class! Register with the instructor.

Fee: \$5/single class or \$20/month

Parkway Center

Mon/Wed/Fri 9 - 9:50 am

Recreational Karate

The Recreation Department offers different styles of karate. These classes are recreational in nature; they provide an excellent exposure to karate, but, as such, do not offer the rapid advancement through skill levels and colored belts that more time-intensive, studio-based programs offer. The Recreation Department utilizes instructors from local martial arts studios. Any formal testing for belt advancement is done at those studios under guidelines set up by the particular karate federation that the studio is affiliated with. The Recreation Department does not specifically endorse outside studios. Arrangements for taking lessons from those studios are separate from the Recreation program. Also, any additional fees associated with this program (uniform, federation fees, testing) are administered through the class instructor. Instructor's approval is required for all intermediate and advanced classes.



SUMMER RECREATION CLASSES

The following are 8-week courses, unless specified otherwise. Classes begin the week of July 7, and end the week of August 25.

Ryuei-Ryu

Instructor: J. Hickman

Fee: \$20 Resident / \$25 Nonresident

Beginning 5 - 11 yrs.

#4310.361 Chula Vista Women's Club

Tue 5 - 5:50 pm

Intermediate 5 yrs. & over

#4315.361 Chula Vista Women's Club

Tue 6 - 6:50 pm

Karate-Do

Instructor: A. Lopez

Fee: \$25 Resident / \$30 Nonresident

Beginning 5 - 11 yrs.

#4320.381 CV Youth Center

Thu 5:30 - 6:20 pm

#4320.322 Loma Verde

Tue 5 - 5:50 pm

Beginning/Intermediate 12 yrs. & over

#4325.383 CV Youth Center

Thu 6:30 - 7:20 pm

#4325.324 Loma Verde

Tue 6 - 6:50 pm

Taekwondo 7 yrs - Adults

Instructor: P. Payne

Fee: \$30 Resident / \$38 Nonresident

#4380.301 Heritage

Wed 6 - 7 pm

Shito-Ryu Karate 5 yrs. & Over

Instructor: J. Martinez

Fee: \$45 Resident / \$56 Nonresident

#4330.301 Heritage (July 22 - Sept 11)

Tue/Thu 3:30-4:30 pm

Judo 5 yrs. - adults

The ancient martial art of judo provides personal development through precise physical movements and a disciplined attitude. Develop self-defense techniques and strive to perfect individual character. Additional fees are associated with this program (i.e. uniform, federation fee). Classes end August 21.

Instructors: M. Ozaki & Staff

Fee: \$20 Resident / \$25 Nonresident

Beginning

#4360.381 Chula Vista Youth Center

Tue 7 - 7:50 pm

#4360.382 Chula Vista Youth Center

Thu 7 - 7:50 pm

Advanced

#4365.381 Chula Vista Youth Center

Tue 8 - 8:50 pm

#4365.382 Chula Vista Youth Center

Thu 8 - 8:50 pm

Kung Fu

Instructor Richard Vera, the protégé of Grand Master Ark Y Wong, has been teaching Kung Fu for 30 years. Children are taught ancient physical exercises of Shaolin Kung Fu. They will develop excellent balance and fitness both physically and mentally. Mr. Vera will personally instruct students at their own comfortable pace, and maintain a positive and supportive class atmosphere. Fee: \$65 Resident / \$80 Nonresident

Ages 6 - 9

#4410.341 Otay

Tue 2:30 - 4 pm

Ages 10 - 13

#4420.341 Otay

Tue 5 - 6:30 pm

Ages 14 years & older

#4420.341 Otay

Tue 6:30 - 8 pm

Kung Fu "Aggressive Skills" for Women

Instructor Richard Vera, the protégé of Grand Master Ark Y Wong, has been teaching Kung Fu for 30 years. Class consists of Chinese Yoga, and 18 Monk Boxing exercises. The practice of 18 Monk Boxing will develop aggressive spirit and build strength rapidly. Mr. Vera will personally teach these training exercises, which are the foundation of Shaolin Kung Fu. Fee: \$65 Resident / \$80 Nonresident

Women, Ages 15 & older

#4440.341 Otay

Thu 5:15 - 6:45 pm

"Out of the Ring" - Cardio Boxing

This 8-week class provides basic fundamentals and conditioning of boxing fitness for beginners. This course includes non-contact skills and drills teaching body position, footwork, hand speed and punching, bag work and shadow boxing.

Instructor: J. Diaz

8 - 16 yrs.

Fee: \$35 Resident / \$43 Nonresident

#4680.341 Otay

Sat 12:30 - 1:30 pm

Adults

Fee: \$43 Resident / \$55 Nonresident

#4680.342 Otay

Mon/Wed 6:30 - 7:20 pm

Gymnastics 6 yrs & over

This is a progressive, level-based program that is patterned after the program of the United States Gymnastics Federation. Classes are designed to build a strong skill foundation in order to ensure that students will progress at a consistent rate while building self-confidence and coordination. The major emphasis is on floor tumbling. New students MUST enroll in Gymnastics I, designed for the beginning tumbler. Gymnastics II students must be proficient in backward rolls, backbends, handstands, cartwheels, backbend from stand, bridge kickovers, and pullovers on the bar. Gymnastics III students must be proficient in backward rolls, backbends, handstands, cartwheels, backbend from stand, bridge kickovers, and pullovers and back hip-circles on the bar. Instructors: L. Cornwall, T. Desmond

Fitness

PARKWAY CENTER

At Parkway Center the gymnastics classes are on-going, with no break between sessions. Students will advance to a higher level as required stunts are mastered. Registration for the beginning level is taken on a space-available basis.

Gymnastics Quarterly Fee:
\$30 Resident / \$37 Nonresident

Novice (6 years)

#0010.362 Parkway
Fri 3:30 - 4:20 pm

Gymnastics I (7 years & over)

#4105.361 Parkway
Fri 4:30 - 5:20 pm

Gymnastics II & III

#4110.361 Parkway
Fri 5:30 - 6:20 pm

LOMA VERDE CENTER

At the Loma Verde Center, the gymnastics class will be conducted on a 8-week session basis. Registration will be taken following the guidelines listed on page 18.

Gymnastics Session Fee:
\$24 Resident / \$29 Nonresident

Novice

#4105.325 Loma Verde
Sat 10 - 10:50 pm

Gymnastics II

#4110.323 Loma Verde
Sat 12 - 12:50 pm

Boys Gymnastics (all levels)

#4130.324 Loma Verde
Sat 11 - 11:50 am

OTAY FITNESS CENTER

The Otay Fitness Center offers a variety of state-of-the-art equipment to meet specific fitness goals. Cardiovascular equipment includes Life Fitness bikes, treadmills, stair steppers, concept rower and cross trainer. Strength and conditioning equipment includes Olympic free weights, benches, Maxicam multi-station machine and Smith machine.

Quarterly Memberships:

January 1 - March 31
April 1 - June 30
July 1 - September 30
October 1 - December 31

Adult Fitness Membership 15 yrs. & over
Includes unlimited use of the Fitness Center during operational hours.

Fee: \$25 Resident / \$50 Nonresident

#4620.345 Otay

Youth Fitness Team 10 - 12 yrs.

The main goal of this 8-week program to give youth of all fitness levels the benefits of physical fitness. Participants will develop confidence, self-esteem, social skills, athletic skills and improve overall health. Includes limited use of Fitness Center.

Fee: \$13 Resident / \$15 Nonresident

#4620.241 Otay
Mon/Wed 3:30 - 4:30 pm

Teen Power Team 13 - 17 yrs.

Refer to Youth Fitness Team (above).
Fee: \$13 Resident / \$15 Nonresident

#4620.343 Otay
Tue/Thu 4 - 5 pm

Morning Circuit

Designed for beginners, this 12-week program uses 3 workout routines from leading exercise magazines. Routines will be fun and challenging and include both a cardiovascular workout, and strength training and toning. This class will include body fat analysis, measurements, and a before and after photo. Participants will work in a group for motivation and support. Fee includes Fitness Center Membership.

Fee: \$42 Resident / \$53 Nonresident

#4620.348 Otay
Mon/Wed/Fri 9:30 - 11 am

Adaptive Fitness Ages 16+

This morning circuit workout program is designed for teens and adults with physical challenges. The workout will be fun, yet challenging, and will include strength training, toning, and cardiovascular work. Registration required.

Fee: \$42 Resident / \$53 Nonresident
#4620.349 Otay
Mon/Wed/Fri 9:30 - 11 am



Aquatic Programs

All pools will be closed on July 4.

Single Use Pool Admission Fees

Senior Citizen	\$2.00
Adult	\$3.00
Child	\$2.00

Summer Pass

(Memorial Day through Labor Day)

Adult:	\$160
Senior:	\$148
Family:	\$187
Child:	\$136

Quarterly Pool Passes

Passes are available, and will be sold at the beginning of each quarter. Pass fees will not be prorated.

1. January - March
2. April - June
3. July - September
4. October - December

Adult Pass

Resident Fee:	\$50
Nonresident Fee:	\$60

Senior Citizen Pass

Resident Fee:	\$40
Nonresident Fee:	\$48

Family Pass*

Resident Fee:	\$75
Nonresident Fee:	\$87

Child Pass*

Resident Fee:	\$30
Nonresident Fee:	\$36

Ten Swim Pass

Adult:	\$24
Senior:	\$18
Child:	\$12

Annual Pass

Adult:	\$210
Senior:	\$157
Family:	\$270
Child:	\$98

Lap Swim

Parkway & Loma Verde Pools
This program is offered for participants who wish to swim laps or enjoy themselves in a comfortable, outdoor, heated pool setting. Bag check-in is NOT available during this program.

Monday - Friday	6 - 8 am
Monday - Friday	11 am - 1 pm
Saturday & Sunday	12 - 1 pm

Note: Adults are welcome to swim laps during the Master's Swim Program at Loma Verde Pool. See the Master's Swim Program for time and fee information.

Recreation Swim

June 23 - August 31

This program is for persons of all ages wishing to use the pool for recreational purposes. Diving boards are normally open during this period. Persons wishing to enter the deep end or diving area must be able to swim two widths of the pool continuously. Bag check-in service is available.

Loma Verde Pool

Mon - Fri	1 - 3:45 pm
Sat & Sun	1 - 4 pm

Parkway Pool

Mon - Fri	1 - 3:30 pm
Sat & Sun	1 - 4 pm

Night Recreation Swim

(Parkway Pool only)

June 24 - August 14
Tues & Thu 7:30 - 9

Private Swimming Lessons

Private and semiprivate swimming lessons are available to all ages and abilities. To reserve your class or for further information, contact Loma Verde Pool at (619) 691-5081 or Parkway Pool at (619) 691-5088.
Fee: \$200 for 10 one-hour sessions (up to three students).

South Bay Aquatics

Competitive Swim Team is open to swimmers ages 6 and older, who can swim 25 yards freestyle and backstroke (deep water style). Emphasis is on all techniques of stroke and turns used to compete in local competitions. Call Krissy Payton (619) 434-5526 for more information.

Youth Novice Swim Team

Parkway Pool

This program introduces participants to competitive swimming, including starting techniques, flip turns, stroke improvements, teamwork, and relay techniques in a fun atmosphere. Program may include formal "meet" with other area novice programs. For youths of all ages. For more info, call (619) 691-5088.

Patriots Water Polo

The newest water polo club that represents the entire South Bay community! Boys and girls ages 10 - 18 can participate. Gain self confidence, physical strength, agility, motivation, sportsmanship, and pride. Go to www.southbaypatriots.org, or call (619) 934-4230 for more information.

Deep Water Exercise

Loma Verde Pool

No impact, cross training workout. This class employs modern methods of water exercise through walking, running and conditioning, producing a cardiovascular

workout perfect for everyone, regardless of swimming ability.

Instructor: P. Hagel
Mon/Wed/Fri. 12 - 1 pm
Resident fee: \$30/10 swims or \$4/visit
Nonresident fee: \$35/10 swims or \$5/visit

Water Aerobics

Loma Verde Pool

This program is designed for those individuals who are in rehabilitation, have back problems, arthritis, or are just looking to achieve cardio respiratory fitness without subjecting the body to the stress and impact of walking or jogging on land, by using the natural resistance and buoyancy of water.

Instructor: P. Hagel
Mon/Wed/Fri. 11 am - 12 pm
Mon/Wed/Fri. 7 - 8 pm
Resident fee: \$30/10 swims or \$4/visit
Nonresident fee: \$35/10 swims or \$5/visit

Master's Swim Program

Parkway Pool

Open to swimmers with skills above the beginning level that have the desire to become physically and mentally fit and to condition their bodies on a regular basis in a controlled aquatic environment. Workouts are designed to provide a challenge to all levels of ability, with stroke analysis and improvement in freestyle, breaststroke, back crawl and butterfly, along with instruction in flip turns and starts. Perfect for the triathlete or competitive swimmer. For information call 691-5088.

Chula Vista Diving

Loma Verde Pool

Competitive springboard diving from beginner to expert (no age limit). For more information, call (619) 691-5081.
Coach: T. Crosby

Junior Lifeguard Program

11 yrs & over

Loma Verde & Parkway Pools
For those with level 4 or advanced swimming skills. Program focuses on teaching safety skills, pool operations and procedures, pool maintenance, and preventative lifeguarding. Participants will get training through classroom instruction and on-deck experience, and will receive certification from the American Red Cross upon successful completion of the program. Participants will have the opportunity to gain valuable experience in pool operations through volunteer lifeguarding and instruction. Fee: \$50
Mon - Fri 9 - 11 am
Session Dates: July 7 - 18,
July 21 - Aug 1, Aug 4 - Aug 15

S wimming Classes

All pools will be closed on July 4.

Summer Swimming Classes

Session 1	July 7 – 18	Session 4	August 18 – 29
Session 2	July 21 – August 1	Weekends	July 12 – August 10 (Sat & Sun)
Session 3	August 4 – 15		

Parent and Tot 9 mos. – 3 yrs.

Parents join their children in the water for basic water adjustment and safety skills in a warm, enjoyable environment. Session Fee: \$30 Resident / \$47 Nonresident

Loma Verde Pool

Sessions 1 - 4 (Mon - Fri)

#7001	11 - 11:30 am
#7003	11:30 am - 12 pm
#7005	5:15 - 5:45 pm
#7007	5:45 - 6:15 pm

Weekends (Sat & Sun)

#7009	10 - 10:30 am
#7011	10:30 - 11 am

Parkway Pool

Sessions 1 - 4 (Mon - Fri)

#7002	9:50 - 10:20 am
#7004	10:30 - 11 am
#7006	11:20 - 11:40 am
#7008	4:50 - 5:20 pm
#7010	5:30 - 6 pm

Weekends (Sat & Sun)

#7012	10:05 - 10:35 am
#7014	10:45 - 11:15 am

Tiny Tots 4 – 5 yrs.

Water adjustment, safety skills and basic introductory swimming skills are presented in a fun, aquatic environment. Session Fee: \$30 Resident / \$45 Nonresident

Loma Verde Pool

Session 1 - 4 (Mon - Fri)

#7101	11 - 11:30 am
#7103	11:30 am - 12 pm
#7105	5:15 - 5:45 pm
#7107	5:45 - 6:15 pm

Weekends (Sat & Sun)

#7109	10 - 10:30 am
#7111	10:30 - 11 am

Parkway Pool

Session 1 - 4 (Mon - Fri)

#7102	9:50 - 10:20 am
#7104	10:30 - 11 am
#7106	11:10 - 11:40 am
#7108	4:50 - 5:20 pm
#7110	5:30 - 6 pm

Weekends (Sat & Sun)

#7112	10:05 - 10:35 am
#7114	10:55 - 11:15 am

Learn to Swim 6 – 16 yrs.

Level 1-7 swimming skills and personal safety skills for beginning, intermediate and advanced students. Session Fee: \$30 Resident / \$45 Nonresident

Loma Verde Pool

Sessions 1 - 4 (Mon - Fri)

#7201	8:30 - 9 am
#7203	9:10 - 9:40 am
#7205	9:50 - 10:20 am
#7207	10:30 - 11 am
#7209	4 - 4:30 pm
#7211	4:40 - 5 pm
#7213	6:30 - 7 pm

Weekends (Sat & Sun)

#7215	8:45 - 9:15 am
#7217	9:25 - 9:55 am
#7219	11:25 - 11:55 am

Parkway Pool

Sessions 1 - 4 (Mon - Fri)

#7204	8:30 - 9 am
#7206	9:10 - 9:40 am
#7208	3:30 - 4:00 pm
#7210	4:10 - 4:40 pm
#7212	6:10 - 6:40 pm

Weekends (Sat & Sun)

#7214	8:45 - 9:15 am
#7216	9:25 - 9:55 am
#7218	11:25 - 11:55 am

Adult Swimming Lessons

17 yrs. & over

Swimming skills taught to all levels. Call each pool for times. Fee: \$35 Resident / \$45 Nonresident



Loma Verde Pool

1420 Loma Lane
Chula Vista, CA 91911
(619) 691-5081

Mark Basnight,
Aquatic Coord.

Eric Bonney,
Pool Manager

Parkway Pool

385 Park Way
Chula Vista, CA 91910
(619) 691-5088

Bill Birdsong,
Pool Manager

Kelly Farr,
Sr. Lifeguard

Interested in renting
a pool for a private
party or special
function? Facility
rentals are available
for reasonable rates.
Call your pool of
choice for available
times and details.

S u m m e r C a m p s

**PARKWAY GYM, 385 Park Way • CHULA VISTA COMMUNITY CENTER, 465 L Street
OTAY RECREATION CENTER, 3554 Main Street**

Basketball Camp

Open to boys & girls entering grades 3-9.
Parkway Gym, (619) 691-5084
Fees: \$35 Resident / \$44 Nonresident
#8301.301 Session I 7/7 - 7/11
9 am - 12 noon
#8301.302 Session II 7/21 - 7/25
9 am - 12 noon
#8301.303 Session III 8/11 - 8/15
9 am - 12 noon

Soccer Camp

Open to boys & girls entering grades 3-9.
Soccer fields at the Chula Vista Community Center (619) 691-5084
Fees: \$35 Resident / \$44 Nonresident
#8303.301 Session I 7/7 - 7/11
9 am - 12 noon
#8303.302 Session II 7/28 - 8/1
9 am - 12 noon
#8303.303 Session III 8/11 - 8/15
9 am - 12 noon

Volleyball Camp

Open to boys & girls entering grades 5-12.
Parkway Gym (619) 691-5084
Fees: \$35 Resident / \$44 Nonresident
#8304.301 Session I 7/14 - 7/18
9 am - 12 noon
#8304.302 Session II 7/28 - 8/1
9 am - 12 noon
#8304.303 Session III 8/4 - 8/8
9 am - 12 noon

Baseball / Softball Camp

Open to boys & girls entering grades 3-9.
Softball fields at the Chula Vista Community Center, (619) 691-5084
Fees: \$35 Resident / \$44 Nonresident
#8302.301 Session I 7/14 - 7/18
9 am - 12 noon
#8302.302 Session II 7/21 - 7/25
9 am - 12 noon
#8302.303 Session III 8/11 - 8/15
9 am - 12 noon

Flag Football Camp

Open to boys & girls entering grades 3-8.
Soccer fields at the Chula Vista Community Center (619) 691-5084
Fees: \$35 Resident / \$44 Nonresident
#8305.301 Session I 7/21 - 7/25
9 am - 12 noon
#8305.302 Session II 7/28 - 8/1
9 am - 12 noon

Lacrosse Camp

Open to boys & girls entering grades 3-8.
Soccer fields at the Chula Vista Community Center, (619) 691-5084
Fees: \$35 Resident / \$44 Nonresident
#8306.301 Session I 7/14 - 7/18
9 am - 12 noon
#8306.302 Session II 8/11 - 8/15
9 am - 12 noon

O.R.C.A.

Otay Recreation Center Adventures

7:00 am - 12 noon, Monday - Friday
(Please note trip days will be longer.)
Additional open activities will be offered at the facility after noon, including a free lunch program.

Session 1: Commotion by the Ocean

(June 23-June 27) Del Mar Fair
Fee: \$65 Resident / \$75 Nonresident
#9401.341

Session 2: Red, White, and Bowl

(June 30-July 3) Bowling & Pizza
Fee: \$55 Resident / \$65 Nonresident
#9401.342

Session 3: Splashin' Around

(July 7-July 11) Knotts Soak City
Fee: \$55 Resident / \$65 Nonresident
#9401.343

Session 4: Peanuts, Popcorn, Cracker Jacks

(July 14-July 18) Padres Game
Fee: \$55 Resident / \$65 Nonresident
#9401.344

Session 5: Hook, Line, & Sinker

(July 21-July 25) Huck Fin Trip
Fee: \$65 Resident / \$75 Nonresident
#9401.345

Session 6: Sea Lions, Penguins, & Whales!

Oh My! (July 28-Aug 1) Sea World
Fee: \$65 Resident / \$75 Nonresident
#9401.346

Session 7: Golf & Games Galore

(Aug 4-Aug 8) Boomers
Fee: \$65 Resident / \$75 Nonresident
#9401.347

Session 8: Walk on the Wild Side

(Aug 11-Aug 15) Boardwalk Arcade
Fee: \$55 Resident / \$65 Nonresident
#9401.348

Session 9: Goofy Good Time

(Aug 18-Aug 22) Disneyland
Fee: \$65 Resident / \$75 Nonresident
#9401.349

Session 10: Wild, Wild West

(Aug 25-Aug 29) Knotts Berry Farm
Fee: \$65 Resident / \$75 Nonresident
#9444.340

Loma Verde Community Day Camp

June 30 - Aug 22
Eight one-week sessions with a different theme each week. 9 - 4 pm. Extended care available from 7 - 9 am & 4 - 6:00pm for an additional \$30 per week. For more information call 691-5082.

Session 1: Cruisin' In Cali

June 30-July 3 (No camp July 4) #9200.321
Brunswick Bowling & Peter Piper Pizza
Fee: \$85 Resident / \$105 Nonresident

Session 2: Wet-N-Wild Week

July 7-11 #9200.322
Knott's Soak City
Fee: \$100 Resident / \$120 Nonresident

Session 3: Summer Spirit Week

July 14-18 #9200.323
Padres Game
Fee: \$100 Resident / \$120 Nonresident

Session 4: Back To The Future

July 21-25 #9200.324
Huck Fin Fishing Trip
Fee: \$120 Resident / \$145 Nonresident

Session 5: Under The Sea

July 28-Aug. 1 #9200.325
Sea World
Fee: \$120 Resident / \$145 Nonresident

Session 6: Carnival Celebration

Aug. 4-8 #9200.326
Boomer's Fun Center
Fee: \$100 Resident / \$120 Nonresident

Session 7: Lights, Camera, Action

Aug. 11-15 #9200.327
El Cajon Boardwalk
Fee: \$100 Resident / \$120 Nonresident

Session 8: It's A Small World

Aug. 18-22 #9200.328
Disneyland
Fee: \$120 Resident / \$145 Nonresident

Heritage Summer Camps

8:30 am - 4:30 pm

Cartoon Crazyness

June 23-27
Fee: \$100 Resident / \$120 Nonresident
San Diego Fair (formerly Del Mar Fair)
#9100.301

Spirit of America

June 30-July 3
Fee: \$85 Resident / \$105 Nonresident
Bowling & Peter Piper Pizza. (No camp July 4)
#9100.302

Splash-N-Bash

July 7-11
Fee: \$100 Resident / \$120 Nonresident
Knott's Soak City
#9100.303

Peanuts & Cracker Jacks July 14-18
Fee: \$100 Resident / \$120 Nonresident
Padres vs. the Arizona Diamondbacks
#9100.304

S ummer Registration Information

NOTE: Fees for classes **DO NOT** include any additional costs that may be required (i.e. ballet slippers, leotards, martial arts uniforms, tap shoes, etc.)

WALK-IN REGISTRATION

June 9 - July 6

Walk-in registration for summer classes will be taken on a first come, first served, space available basis, beginning the last week of the spring session. Registration will be taken Monday - Friday from 2:30 - 7 pm, and Saturday from 12 - 3:30 pm, at the Chula Vista Youth Center, Heritage Center, Loma Verde Center, the Otay Center, and Parkway Center.

Registration will be taken at all facilities for any class, regardless of its meeting location. Note: Registration for classes being held at Paseo Del Rey Park will also be taken immediately before class on the first day. Those registering will be asked to complete the registration form and provide payment in the preferred form of check or money order. Cash in the exact amount will also be accepted.

FINANCIAL ASSISTANCE

- Limited financial assistance is available to Chula Vista residents 16 years of age and younger.
- Applications will be available during normal operating hours at the above mentioned facilities.
- This assistance is for Recreation Department classes only—it does not apply to other agencies' activities.
- Completed applications for Financial Assistance must be submitted with the class registration form to one of the facilities listed below no later than seven days prior to the start of class.

Chula Vista Youth Center: (619) 691-5276
Heritage Community Center: (619) 421-7032
Loma Verde Center: (619) 691-5082
Loma Verde Pool: (619) 691-5081
Otay Center: (619) 476-5325
Parkway Center: (619) 691-5083
Parkway Pool: (619) 691-5088
For more information on Recreation Department classes, call the specific center where the class is located.

MAIL-IN REGISTRATION

June 9 - June 27

- The Registration Form is to be used only for the Recreation Department classes listed on pages 5 - 17 of this brochure.
- Do not combine with registrations for any other program or agency (youth sports, YMCA, Boys & Girls Club).
- Registration will be accepted by mail on the dates listed, on a first received, first processed, space available basis.
- Print and fill out form completely.
- Classes not preceded by an activity number cannot be registered for by mail. Registration is available only at the class location where they are held.
- Applications postmarked before June 9 or after June 27 will be returned unprocessed.
- Send a check or money order for the total payment due payable to "City of Chula Vista."
- Separate checks for each recreation class are not required. Bank cards will not be accepted for walk-in or mail-in registration. Do not send cash.
- Individuals who do not live within the city limits of Chula Vista will be required to pay the nonresident fee listed for each class. Proof of residency may be required.

ONLINE REGISTRATION

June 9 - July 4

The Recreation Department is continuing an online registration process for the summer session. Please go to www.ci.chula-vista.ca.us and look for "Most Requested;" click on "Recreation." Then click on the pop-up window to our registration service. Questions? Call (619) 691-5276 for additional information.

CANCELLATIONS

A minimum number of participants is required to hold class. Where enrollment is low, the Recreation Department reserves the right to cancel. To help assure that classes are held, please register early. An automatic refund will be issued if a class is cancelled by the department.

REFUNDS & TRANSFERS

Refunds and transfers are not given unless class is cancelled or filled; no exceptions. Automatic refunds (minus \$3 per class processing fee) will be processed and mailed approximately 3 to 4 weeks after classes begin.

WANTED: Class Instructors

The Recreation Department is always searching for qualified instructors to teach new or existing classes. If you are interested in being a contractual instructor, contact Frank Carson at (619) 691-5140.

Outside Performances

Many of the Department's recreational class instructors provide their students with additional opportunities to perform at outside programs and special events (e.g. competitions, San Diego County Fair, etc.) Please note that these performances and appearances are considered outside and separate from the Recreation Department classes and programs. The Department has no involvement with the performance selection, scheduling, transportation, instructor oversight or liability in connection with these outside performances. Please direct all questions or concerns to the instructor.

FILL OUT COMPLETELY - PLEASE PRINT

ADULT LAST NAME	FIRST	MI
Address	City	Zip
Home Phone	Business Phone	
Email		

*Does the participant need special accommodations for a successful experience?
A two-week advanced notice is required.(Check Y or N, below:)



PARTICIPANT INFORMATION - PLEASE PRINT

Session	Class #	Class Title	Participant's Last Name	First Name	MI	Date of Birth	Fee	Y*N*

Please choose classes carefully; the NO REFUND Policy will be followed. Returned Checks:
There will be a minimum service charge of \$25 on all checks returned from the bank.

TOTAL FEES DUE \$

READ, SIGN AND DATE WAIVER BELOW. Unsigned waivers will cause your registration to be returned unprocessed.
ACCIDENT WAIVER AND RELEASE OF LIABILITY (AWRL)

I _____ (REGISTRANT), and I _____ *(REGISTRANT'S parent or guardian),

acknowledge that this activity may be an extreme test of REGISTRANT's physical and mental limits and that it could result in death, injury and property loss. Risks may derive from terrain, facilities, water conditions, weather, condition of equipment, vehicular traffic, actions of others, lack of hydration, as well as other sources. I hereby assume all risks of REGISTRANT's involvement in this activity. I certify that REGISTRANT is physically fit, has sufficiently trained for participation in this activity and has not been advised otherwise by a qualified medical person. I acknowledge that this AWRL form will be used by The City of Chula Vista and the activity holders, sponsors and organizers, in which REGISTRANT may participate and that it will govern REGISTRANT's actions and responsibilities at said activities. In consideration of REGISTRANT being permitted to participate in this activity, and on behalf of myself, my executors, administrators, heirs, successors and assigns, I hereby (A) WAIVE, RELEASE AND DISCHARGE FROM LIABILITY The City of Chula Vista and its directors, officers, employees, volunteers, representatives and agents, and the activity holders, sponsors, directors and volunteers, for the death, injury or property loss or damage of REGISTRANT or actions of any kind which may accrue to me as a result of REGISTRANT's participation in this activity; and (B) agree to INDEMNIFY AND HOLD HARMLESS the above-mentioned entities or persons from any and all liabilities or claims made by other individuals or entities as a result of any of REGISTRANT's actions during this activity except for those claims arising from the sole negligent or willful conduct of The City of Chula Vista or its agents. I hereby consent to the administering of medical treatment to REGISTRANT if deemed advisable in the event of injury, accident and/or illness during this activity. I understand that at this activity or related activities, REGISTRANT may be photographed. I agree to allow REGISTRANT's photo, video or film likeness to be used for any legitimate purpose by the event holders, sponsors, directors and their agents or assigns. This AWRL shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law. I hereby certify that I have read this document and understand its content. I further certify that I am the parent or guardian of the above-named participant and that I will hold each of the above-named individuals and entities harmless and indemnify each in the event of any loss whatsoever due to a defect in my legal capacity.

REGISTRANT's Parent or Guardian's Signature _____ Date _____

*If the participant is under 18 years of age or legally incapacitated, the parent or guardian must also sign.

Make checks payable to "CITY OF CHULA VISTA" *Individuals who do not reside within the city limits of Chula Vista must pay the nonresident fee listed for each class. Failure to send correct amount could result in delay or denial of your priority class.

Send your registration to the Recreation Department for all recreational classes. Be sure to indicate session number for all swimming classes.

RECREATIONAL CLASSES:

City of Chula Vista Recreation Department, 276 Fourth Avenue, Chula Vista, CA 91910

Attn: Frank Carson (Mail Stop R-107)

FOR OFFICE USE ONLY: Amount Enclosed: \$ _____ CK/MO# _____ Bank # _____ City Receipt # _____

Athletic Programs

Parkway Gymnasium

385 Parkway 691-5084

Ted Nelson, Recreation Supervisor III

Steve Scott, Recreation Supervisor II

The Parkway Gym offers a variety of athletic activities for adults and youth throughout the year. There are shower and locker facilities at the gym for participants and equipment is available through a checkout system. The gym schedule is as follows:

Summer Gym Schedule (Begins June 2):

Sun	Open Basketball	12 - 4:45 pm
Mon	Open Basketball	1 - 6 pm
	Badminton	6 - 9:45 pm
Tues	Open Basketball	1 - 6 pm
	Adult Coed Volleyball Leagues	6 - 9:45 pm
Wed	Open Basketball	1 - 6 pm
	Mens Basketball Leagues	6 - 9:45 pm
Thurs	Open Basketball	1 - 6 pm
	Open Volleyball	6 - 9:45 pm
Fri	Open Basketball	1 - 9:45 pm
Sat	Open Basketball	12 - 4:45 pm

Note: The gymnasium schedule may vary depending on programming requirements and special events conducted by the city. Scheduling can be verified by contacting the Gym Office.

Adult Leagues

Organizational meetings for managers and/or players will be held at the Parkway Gym for the following leagues on the dates indicated. Individual players may attend the meeting or contact the gym office to be included on a "player referral list" given to teams needing players. Placement is not guaranteed, but every effort will be made to place interested individuals on teams. Note: league fees subject to change.

Coed, Men's & Women's Slo-Pitch Softball

Managers Meetings:

Men	August 11	6 pm
Coed	August 12	6 pm
Women	August 13	6 pm

Games played weeknights at Discovery, Eucalyptus, Rohr, and Chula Vista Community Parks begin the week of October 6. Entry Fees (per team/ten game schedule): \$365 Resident / \$485 Nonresident

Coed Summer Volleyball

Registration begins June 23.

Games will be played in the Parkway Gym on Tuesday evenings beginning July 29.

Entry Fees (per team/ten game schedule): \$110 Resident / \$140 Nonresident

Adult Summer Basketball

Registration begins June 23.

Games will be played at the Parkway Gym on Wednesday evenings beginning July 30.

Entry Fees (per team/ten game schedule): \$410 Resident / \$510 Nonresident

Senior Softball

Softball activities for players ages 50 and older are conducted weekly at Eucalyptus Park, located at Fourth Avenue and C Street.

Practice 50 & over:

Mondays 9 am - 12 pm

Competitive League 55 & over:

Tuesdays & Fridays 9 am - 12 pm

Recreational League 50 & over:

For more info, call Roger Delisle at (619) 422-4551.

"Tee It Up"

Enjoy six hours of instruction, five rounds of golf at EastLake Country Club, an AGPA membership (American Golf Players Association), 10 Play Day vouchers (play with the Pro), rules and etiquette video, Nike bag tag, and more. A portion of your fees will benefit the City of Chula Vista's Recreation Department. For more information, please contact Shaun Ellis at (619) 691-5084. Fees: \$179 (\$20 deposit at the Recreation Center; remaining balance of \$159 due at the golf course.)

35+ Men's Basketball

Registration begins June 23.

Games will be played at the Chula Vista Youth Center (465 L Street) on Wednesday evenings beginning July 23.

Entry Fees (per team/ten game schedule): \$410 Resident / \$510 Nonresident

Mens Softball Tournament

Registration begins July 28.

Games will be played at Rohr Park fields #17 & #18. Tournament is Saturday & Sunday, August 23 & 24.

Fee: \$200 per team



Youth Sports

All registration is processed on a first received, first processed basis. There are **NO REFUNDS** for this activity. Financial assistance is available on a limited basis.

Steve Scott, Recreation
Supervisor II

The purpose of the Youth Sports Program is to teach youngsters the fundamentals of the sports offered. All activities are open to inexperienced players as well as experienced players. Instruction is coordinated to allow all players to learn the same basic skills. The number one goal of the youth program is to encourage participation and sportsmanship. All participants, parents and guests are expected to adhere to the code of conduct distributed with league materials and posted at all facilities. For information concerning activities or financial assistance, call 691-5084.

Girls Volleyball Workshop

The program is for girls in grades 6 - 8. The workshop will meet on Wednesdays from 6:30 - 8:30 pm at the Chula Vista Community Center (465 L Street), and on Saturdays from 9:30 - 11:30 am at Parkway Gym (385 Park Way). The first class is Wednesday, Sept. 17. The workshop ends Saturday, Nov. 15.

Mail-in Registration: August 11 - 29.
Registrations post marked before August 11 and after August 22 will not be accepted. Space is limited!

Walk-in Registration: September 1 - 19 at Parkway Gym, Monday - Friday from 2 - 7 pm

Fees: \$30 Resident / \$38 Nonresident

(Make checks payable to City of Chula Vista.)

Youth Flag Football

This program is open to the inexperienced, as well as the experienced player. All teams are coed, with two age divisions: Division C for grades 3 & 4; Division B for grades 5 & 6.

Mail-in Registration: August 4 - September 12. Registrations post marked before August 4 and after September 12 will not be accepted. Space is limited!

Walk-in Registration: September 15 - 26 at Parkway Gym, Monday - Friday from 2 - 7 pm

Fees: \$42 Resident / \$53 Nonresident

For more information, call (619) 691-5084

Youth Sports Certification Program

This free program is designed to prepare youth for employment with the city's Recreation Department. Participants learn how to operate scoreboards and timing equipment, as well as learning fundamental rules and regulations of various athletic activities. The program combines classroom training, hands-on experience, and job preparation through an internship program. Call the Athletics Office at (619) 691-5084 for more information.

Volunteer youth sports coaches are needed!

The Athletics Section is currently recruiting volunteers to serve as coaches for the following youth programs: Basketball (summer), Coed Indoor Soccer (spring), Track & Field (spring). Training is provided. All volunteer coaches are fingerprinted and screened by the Department of Justice in accordance with state law. Interested individuals, please call (619) 691-5084.



Mail-in Registration

These activities have separate registration forms that may be picked up at any Recreation Center in the City of Chula Vista. The forms are available one week prior to the start of mail-in registration. Please **DO NOT** send in registration using the forms in this Brochure. Thank You!

Walk-in Registration

All registrations for youth sports programs will be taken on the dates specified for each activity at:

**Parkway Gymnasium 385
Park Way
Monday - Friday
2 - 7 pm**

Online Registration

Register for selected activities via the internet.

Please go to:

www.ci.chula-vista.ca.us
for more information.

T herapeutics

Join the Therapeutics Advisory committee! We are looking for consumers, parents, advocates, and community representatives to join our committee to identify and assess community needs. Interested? Call (619) 409-5800.

Carmel Wilson C.T.R.S.
Recreation Supervisor II
(619) 409-5800

Membership Fee

Participants can pay an optional annual membership fee of \$40 for residents and \$50 for nonresidents. Members enjoy discounted admission for dances, field trips and programs. Membership runs September through August. Membership is accepted at any of the programs or may be mailed to: Make checks payable to "City of Chula Vista."

Therapeutics Section
270 F Street
Chula Vista CA 91910

Willing to Help?

The Therapeutics Section provides an excellent opportunity for individuals to lend a helping hand with various activities and programs. Those interested in volunteering their time and effort to a very special group of individuals, call Carmel Wilson at (619) 409-5800. Opportunities are available and will provide invaluable work experience.

We'd like to hear from you...

The Recreation Department would like to expand its programs for children and adults with physical disabilities. The department is seeking community input; please call with comments/suggestions.

Inclusion

The City Of Chula Vista Recreation Department is dedicated to serving the needs of everyone in the community through Inclusive Programming. Persons with special needs are encouraged to participate in all Department programs. A two week advance notice is required.

Thursday Night Program

Ages 13+
CV Woman's Club 7 - 9 pm
This free, drop in program is scheduled for teens and adults with developmental disabilities. Activities include games, exercise, sports, music and special events. Call to register.

Saturday Program Ages 6+
Parkway Center 9 am - 12 pm
Saturday drop in programs are for persons with developmental disabilities. Free activities include music, art, dancing, games, sports, field trips and special events. Register no later than the Thursday before the program.

Mark Your Calendar! Special Events:

June 26 - Summer Kick-Off / Club LV
July 24 - Parents BBQ/Potluck Thurs. Night
July 26 - Hot Summer Nights Dance

Cooking Class Ages 6+
Parkway Community Center
A monthly cooking class is offered for participants who are developmentally disabled. This group learns "hands-on" cooking basics while preparing food items to enjoy. Nutrition education and clean up skills are also included in this program. Registration is required. Class is limited to 10 participants.
June 14 & July 19
Fee: Members \$2 / Nonmembers \$4

Jazz Dance Ages 6+
Loma Verde Recreation Center
Come and learn basic jazz steps and movements to the "top hits" in this 8-week class. It's a fun way to exercise and learn new dance steps that are designed for children and adults with developmental disabilities. Participants can join at any time.
Tuesdays, beginning August 5, 7 - 8 pm
Fee: Members \$24 / Nonmembers \$32

Young Adults Cub 16 - 25 years
Loma Verde Recreation Center
This program is designed for active young adults with developmental disabilities. The focus will be on social interaction, leisure skills and community awareness. Refer to the monthly calendar for details. The fee and program location varies with the activity. Call to register.
1st & 3rd Friday 7 - 9 pm

Sunday Leisure Bowling Ages 6+
Brunswick Premier Lanes (845 Lazo Court).
Come join the crowd at Sunday Leisure Bowling. The bowling program is designed for active children, teenagers and adults with developmental and/or physical disabilities. Participants can join at any time.
Sundays, beginning July 13, 3:30 - 5:30 pm
Fee: Members \$25 / Nonmembers \$35 (Add \$6 bowling fees per week)

Wheely Sports Ages 8+
Otay Recreation Center
This free wheelchair sports program is designed for the active, sports-minded individual with physical disabilities. Participants are welcome to learn how to play wheelchair sports, increase fitness, meet new people and play competitive sports. Call to register.
Wednesdays 4:30 - 6:30 pm

Indoor Wheelchair Basketball
Ages 18+
Parkway Community Center
This free program is a challenging sport for athletes with physical disabilities. Indoor wheelchair basketball is open to wheelchair users and nonusers, although each player must use a wheelchair to play. Staff will loan out chairs if needed. Athletes of all ability levels are needed to form a team. This program is in conjunction with the San Diego XPress wheelchair basketball team practice. Call to register.
Practice: Wed evenings 6:45 - 8:30 pm
Tournament Play TBA

Kids Included Together (KIT)
KIT is a nonprofit organization that is designed to support programs that serve children with disabilities. We are pleased to announce that the City of Chula Vista Recreation Department has been awarded sustaining grant funding for the upcoming year. This grant will continue to provide Inclusion Aide assistance for children with disabilities and staff training.

Camp Sunrise
Loma Verde Recreation Center
Camp Sunrise is a day camp for children, teens, and adults with developmental disabilities and children and teens with physical disabilities. Campers will have the opportunity to develop leisure skills, socialize with peers, and learn new camp activities. The camp will include creative dramatics, sports & games, recreational swimming, arts & crafts, a field trip, and a special lunch at the end of the week. Persons registering for camp through vendorization with San Diego Regional Center will need to present authorization from social worker upon registering or will need to pay in full for camp.
Fee: \$125/session (includes a T-shirt)
Session I: Jungle Safari (San Diego Zoo)
June 23 - 27 9 - 2 pm
Session II: Summer Splash (SeaWorld)
August 25 - 29 9 - 2 p

Aqua Exercise
Loma Verde Pool (1420 Loma Lane).
Enjoy a fun way to stay in shape and have a great time in the water. This program will focus on overall body fitness and recreation in water for persons with developmental disabilities who are "water safe."
Tuesdays, July 8 - August 26, 7 - 8 pm
Fee: Members \$24 / Nonmembers \$32



Senior Services

NORMAN PARK SENIOR CENTER

270 F Street 691-5086
Karen Harvell,
Recreation Supervisor III

Kathy Wigginton,
Recreation Supervisor II

For seniors' enjoyment, Norman Park Senior Center offers an exciting array of educational courses, health programs, exercise, dancing and special events. Classes and special interest groups include but are not limited to singing; yoga; music appreciation; creative writing; coin collecting; T'ai chi; tap, line, square, round and ballroom dancing; painting; watercolors and bridge. Many classes have open enrollment and do not require advance registration.

Hours of Operation

The center is open 7 days a week, call the center for exact hours.

Planning an Event or Party?

The Norman Park Senior Center is available on Saturday and Sunday evenings for rentals. Please call (619) 691-5086 for information.

Newcomer Orientation

Each month there is a newcomer orientation on the first Thursday at 11 am. Please bring a potluck dish to share and join us for lunch at 12 noon.

Commission on Aging

June 11 3 pm
July 9 3 pm

The commission is committed to addressing the concerns and meeting the challenges that face seniors and adults with disabilities in the community. Commission meetings are open to the public. We welcome comments and concerns.

Chula Vista Senior Club

Norman Park Center. Serving the residents of Chula Vista. Neighboring community members may join as donor members. The Club has a \$3 annual membership fee.

Oxford Seniors on Fridays

Boys & Girls Club
333 Oxford Street
Serving the residents of the Montgomery area of Chula Vista.
\$2 annual membership fee.

Trips with the Senior Club

The Chula Vista Senior Citizen Club operates a trip program at the Senior Center. The office is open Mon/Wed/Fri from 10 am - 1 pm. For more information call 476-5356.

Extended Trips

Lone Pine Summer Music Festival:
June 13 -15
Laguna Pageant of the Masters:
July 29 - 30

Day Trips

FOX Studios:
June 9
Antique Gas & Steam Harvest Fair:
June 21
San Diego County Fair:
June 26

Dates to Remember

All events require advance sign up or ticket purchase.
June 12: Summer Dance
June 19: Arthritis Presentation
July 3: Red, White & Blue Potluck
July 10: Hot Diggity Dog BBQ
July 15: Alzheimer's Talk
July 25: Glamour Workshop
Aug 1: Talent Show
Aug 14: Luau

Grupo Latino

Join a social group for fun and entertainment. 12:30 pm, 2nd Wednesday & 4th Friday each month.

Sing-a-longs

Join Norman Park's Singing Seniors by the fireplace for singing and entertainment. 2 pm, 3rd Tuesday each month.

Volunteer Opportunities

The Senior Program has numerous opportunities for individuals to work with staff to develop and oversee programs and services. A great opportunity for someone looking to be part of our team! Please call Kathy Wigginton at (619) 691-5086 or (619) 409-5890.

Creative Writers Group

If you enjoy writing stories and want to explore your creative side, this fun class is for you!
Tuesdays 2 pm

Amateur Photo Group

Learn the basics of composition and photography that will turn a snapshot into a photograph to be proud of.
1st & 3rd Friday 10 am

Scootin' Scooters

Learn the techniques of maneuvering around town in a scooter or wheelchair; discuss equipment and enjoy socializing with friends.
3rd Friday 1 pm

For Citizens 50+

Leisure Connection

Are you an adult who spends a lot of time at home? The Leisure Connection will connect you to other individuals in a telephone conference call discussion group from your home. Topics include book discussions, health talks, music, the arts, travel, current events and more. Leisure Connection brings learning, laughter, friendship and support to individuals in their own homes. This unique program reaches across the Chula Vista area to bring people together into one vibrant community. All you need is a phone to participate. Your phone line will not be charged for the program. For more information please contact Marie Gallagher at Norman Park Senior Center, (619) 691-5086.

Without Leaving Home

The following is a partial listing of programs scheduled for the Winter that you may participate in without leaving your home.

June 5 Bingo
June 11 Tribute to Fathers
June 17 Sing Along
June 25 Summer's Here

Project CARE

As we grow older we need to protect ourselves by opening up lines of communication with groups who can help us to stay safe in our own homes.

Are You OK?

One of Project CARE's FREE Programs, provides a telephone reassurance call 5 days a week to be sure you are all right. If you don't answer the phone, a volunteer will check on you. This program could save your life. If you are interested in this or the following FREE services, please call (619) 691-5086.

Vial of Life

Project CARE's Vial of Life program gives you a record of all your prescription and over-the-counter medications. This magnetized plastic box adheres to your refrigerator door and can be given to paramedics or be taken with you to the doctor's office. We also offer regular appointments to speak with a local pharmacist about your prescription concerns.

Please join us for "Vial of Life" and "Are you OK?" open registration at Norman Park Senior Center on the following dates:

Thursdays July 17 & Sept. 18

The Postal Alert

This program requests your postman to keep an eye out for mail that may be accumulating at your home. This alerts us to potential problems and we will send the Senior Volunteer Patrol to check on your situation.

The Minor Home Repair

Assist you with health & safety repairs in your home or mobile home. This is a program for low-income homeowners to keep them safe and independent.

CLASSES FOR SENIORS

The classes listed below are taught at the Senior Center. Some are taught in collaboration with area adult schools or Southwestern College. For registration or more information, call (619) 691-5086.

Tai Chi Class

Wednesdays
Beginners 9 am
Intermed/Advanced 10 am

Casual Crafters

This craft class makes items for Community Assisted Living Facilities.
Wednesdays 9:30 am
Instructor: J. Oliver

Spanish Language

Wednesdays/Fridays 9:45 am

Ballroom Dance Class

Learn Tango, Fox Trot, Waltz & Swing.
Fee: \$2 Resident / \$2.50 Nonresident
Mondays 1 pm

Country Line Dance Class

Fee: \$3 Resident / \$3.75 Nonresident
Beginners 11 am
Intermediate 10 am

Strength Training

Fee: \$1 / class (ends Aug 6)
Wednesdays 6 pm
Instructor: K. Bodge

ADULT EDUCATION CLASSES

Exercise

Mon - Thu 8 am

Yoga

Fee: \$10 / session
Thursdays, 5-7 pm & 7:15-9:15 pm
Instructor: K. Bodge

SOUTHWESTERN COLLEGE

Organization Seminar / Clutter Control Solutions

Wednesday, July 30 12 - 4 pm

SUMMER SENIOR SERVICES

AROUNDTOWN ADULT CLASSES

Palace Gardens

1425 2nd Ave. (619) 422-0272

Exercise Fee: \$4 / month

M/W/F 10 - 11 am

Villa Serena

1231 Medical Center Dr. (619) 934-8001

"Feeling Fit Club" Exercise

M/W/F 11:30 am - 12:30 pm

Caregiver Support

Wed 3:30 - 4:30 pm

Craft Class

Thurs (\$5 fee) 10 am

Bonita Wesleyan Church

5303 Sweetwater Rd. (619) 479-8208

Exercise

Tue & Thu 10 - 11 am

Watercolors

Fri 9 am - 12 pm

55 Alive Drivers Training

Fee: \$10

March 19 & 21 1 - 5 pm

April 11 & 16 1 - 5 pm

May 16 & 21 1 - 5 pm

Call (619) 641-7020 to register.

Info, Referral & Social Services

Norman Park provides numerous services for seniors and their families by utilizing community agencies and trained volunteers. The center also has extensive resources and references to assist in addressing the needs of seniors in the community. Some of the services offered at the center include notary, support for the vision impaired, legal services, shared housing, Meals on Wheels, transportation services for persons with disabilities who qualify, health insurance counseling, health screening and bereavement support.

LIFE OPTIONS ANNEX

lifeoptionssouthbay.com

The Life Options South Bay program provides connections for persons over 50. Life Options is a resource for learning opportunities and a resource for channeling skills and talents into significant community service.

The Life Options Annex is located in the game room at Norman Park.

It has a computer and lounge area comfortable for persons to gather to talk about and explore their interests.

The lifeoptionssouthbay.com

website is a reference guide for retirees interested in expanding opportunities in the areas of education, health, employment, job training, fitness, recreation, travel and volunteerism. This project is a collaboration with Southwestern College, The City of Chula Vista Norman Park Center and the Chula Vista Coordinating Council.

The theme of Life Options is a focused determination to make the latter third of life productive, satisfying and rewarding. Volunteers with experience or interest in community groups, volunteerism, website maintenance, marketing, advertising and counseling are needed. The annex has volunteers available to assist you on Mondays and Tuesdays from 9 am - 3 pm.

COMPUTER LEARNING CENTER

Senior Net

Basic and special topic computer classes are offered in the Computer Learning Center. The annual membership fee is \$40. Information is available at the Center Mondays & Wednesdays from 10 - 11:30 am, and Thursdays from 12 - 3 pm. You can also register at that time for classes held in the daytime and evenings. Class fees are \$20 for residents, \$25 for nonresidents. The Learning Center is always looking for volunteers to teach the developed text, provide technical assistance or supervise the labs. Classes are on-going.



**Directions & Connections
for people over 50**

Middle & Elementary School

MIDDLE SCHOOL

Rosemary Brodbeck
Recreation Supervisor II
(619) 691-5052

Club TC (Teen Connection)

After School Program
The Chula Vista Recreation Department, in conjunction with the Sweetwater Union High School District, is conducting this summer an after school program at two middle school locations in the city. The program is funded additionally by Critical Hours Grant and is FREE to participants. Activities include: sports, crafts, homework help, games, special events, field trips, specialized classes, and much more. For further information, call (619) 691-5052.

Rancho Del Rey Middle School

1174 East J Street, Chula Vista
Monday - Friday 3 - 5 pm
July 21 - September 19

Castle Park Middle School

160 Quintard Street, Chula Vista
Monday - Friday 1:15 - 4:15 pm
June 30 - August 13

ELEMENTARY SCHOOL

DASH (Dynamic After School Hours)

The City of Chula Vista, in cooperation with the Chula Vista Elementary School District, conducts the DASH Program at 21 elementary school playgrounds for children in 1st through 6th grades.

The program operates Monday through Friday, on school days only, for 2 hours (from the lower grade dismissal time). The program runs for 3 hours on schools' regularly scheduled minimum days.

The DASH program includes sports clinics (soccer, track and field, lacrosse, ultimate Frisbee, flag football and field hockey), arts and crafts, cooperative/initiative games, weekly challenges and traditional playground games. DASH program leaders conduct structured activities for approximately 50 children each day. For more information, please contact DASH Program Supervisors, Keith Quigley at (619) 585-5779 or Audra White at (619) 585-5730.

Enrollment forms will be available on a first-come, first-served basis AFTER SCHOOL on the first day of school.

Allen	Arroyo Vista
Casillas	Clear View
Cook	Discovery
Chula Vista Hills	EastLake
Halecrest	Heritage
Hilltop	Kellogg
Marshall	McMillin
Olympic View	Parkview
Palomar	Greg Rogers
Rosebank	Tiffany
Valle Lindo	

STRETCH

(Safe Time for Recreation Enrichment & Tutoring for Children)

STRETCH is a literacy and arts enrichment program offered as an extension of the school day for 1st through 6th grade elementary school children. The program is a partnership between the City of Chula Vista and the Chula Vista Elementary School District. STRETCH is designed to give an academic boost to students who need it most by providing them with a stimulating, literacy-rich, after-school environment. Parents enroll their children through the participating

schools. Enrollment is limited to 60 students per school. Waiting lists will be maintained.

For more information contact the School Site Coordinators at each school or the STRETCH Supervisor at (619) 585-5721.

In 2003-2004 STRETCH will be offered at the following seven schools:

Harborside
Loma Verde
Mueller
Rice

Lauderbach
Montgomery
Otay



Civic Center Branch

365 F Street 691-5069

Monday - Thursday 10 am - 9 pm

Friday & Saturday 10 am - 6 pm

Sunday 1 pm - 5 pm

EastLake Branch

1120 EastLake Parkway 656-0314

(EastLake High School Campus)

Monday - Thursday 3:30 pm - 8 pm

Friday & Sunday CLOSED

Saturday 10 am - 4 pm

South Chula Vista Branch

389 Orange Ave. 585-5755

Monday - Thursday 10 am - 8 pm

Friday & Saturday 12 pm - 6 pm

Sunday 1 - 5 pm

HOLIDAY SCHEDULE

All branches will be closed on:

July 4: Independence Day

September 1: Labor Day

HERITAGE MUSEUM

The Heritage Museum collects, displays and preserves materials of local historic interest to the South San Diego Bay communities. The current exhibit display is "This Little Lemon Went to Market", the history of Chula Vista's lemon industry. For more information, museum hours, or information on becoming a volunteer, call (619) 691-5289.

STORYTIMES

(Note: None are scheduled in August.)

Civic Center Branch

Preschool Storytime: Wednesday, 10 am

Day Care Groups: Thursdays, 10 am

PJ Storytime: Thursdays, 7 pm

EastLake Branch

Storytime: Mondays, 7 pm

Young Children Storytime:

Saturdays, 10:30 am

South Chula Vista Branch

Puros Cuentos (Spanish): Mondays, 7 pm

Twilight Storytime (English):

Tuesdays, 7 pm

Babytime Storytime: 1st Wednesday of each month, 10:30 am or 11:15 am (Registration required.)

Teen Summer Reading Club

"Don't Bother Me...I'm Reading"

Summer reading club for teens, grades 6 - 12.

All Branches June 9 - August 1

Slammin' Summer Safari

August 2, 1 - 4 pm

Friendship Park, Civic Center Branch

Civic Center Branch

Teen Study Breaks

Drop in for study help & snacks.

June 11, 4 - 8 pm & June 12, 4 - 8 pm

Teen Café (Conference Room)

Dance, Dance, Dance!

Salsa, Hip-Hop & Swing

June 25, 4 - 6 pm

Children's Story Hour Room

(Registration recommended.)

Teen Computer Camp

July 10, July 17, July 24, July 31

2 - 4 pm

Computer Lab

(Registration recommended.)

Teen Read & Feed

July 19, 11 am - 12:30 pm

Teens read to small children and then enjoy a fun snack.

Children's Story Hour Room

(Registration recommended.)

Delectably Delightful Desserts

July 22, 4 - 6 pm

Conference Room

(Registration recommended.)

EastLake Branch

Teen Read & Feed

June 24, 4-5:30 pm

Teens read to small children and then enjoy a fun snack.

Children's Story Hour Room

(Registration recommended.)

Jungle Juice Concoctions

July 15, 4-6 pm

(Registration recommended.)

South Chula Vista Branch

Teen Read & Feed

June 17, 6 - 7:30 pm

Teens read to small children and then enjoy a fun snack.

Children's Story Hour Room

(Registration recommended.)

Wacky Memory Board Craft

July 1, 6-7:30 pm

Room B

(Registration recommended.)

Wildly Fun Party Planning

July 8, 6 - 7:30 pm

Room B

(Registration recommended.)

Dance, Dance, Dance!

Salsa, Hip-Hop & Swing

July 16, 4-6 pm

Room B

(Registration recommended.)

Amazon Woman

July 24, 6-7:30 pm

Room B

(Registration recommended.)

Teen Council Puppet Show

July 29, 7 pm

Children's Story Hour Room

(Registration recommended.)

*Don't bother me...
I'm reading!*



CHILDREN'S SUMMER READING CLUB

"It's a Jungle Out There"

Summer reading club for children from preschool - sixth grade.

All Branches June 9 - August 1

Final Carnival

August 2, 1 - 4 pm

Friendship Park / Civic Center Branch

Civic Center Branch

Father's Day Craft

June 10, 7-7:30 pm

Krypton Yvonne's "Reptile Fun 101"

June 14, 2-2:30 pm

Craig Stone, Magician

June 18, 2-2:30 pm

Jungle Craft

June 21, 2-2:30 pm

Independence Day Craft

June 24, 3-3:30 pm

Nancy St. John's Tunes & Tales

June 25, 10-10:30 am

Library Sleepover

June 28, 7 pm - 8 am

(Registration required)

Amazing Dana the Magician

July 2, 2- 2:30 pm

Full Spectrum Science Fun With Reptiles

July 9, 10 - 11 am

Radical Reptiles

July 12, 11 am - 12 pm

Sparkles the Clown & Co.

July 16, 2 - 2:30 pm

Read and Feed

July 19, 11 am - 12:30 pm

Stu Mulligan's Juggling & More!

July 23, 10 - 10:30 am

Monkey Mania Craft

July 26, 2 - 2:30 pm

Wild Wonders "Emerald Forest Show"

July 30, 10 - 10:30 am

KIDS COMPUTER CAMP

July 1, 8, 15, 22; 2 - 4 pm

(Limited space. Registration required.)

EastLake Branch

Craig Stone, Magician

June 14, 10:30-11 am

Full Spectrum Science

Fun with Reptiles

June 21, 10:30-11 am

Sparkles the Clown & Co.

June 28, 10:30-11 am

Archie Merwin's Kids Rock

July 5, 10:30-11 am

Krypton Yvonne's "Reptile Fun 101"

July 12, 10:30-11 am

Radical Reptiles

July 19, 10:30-11:30 am

Nancy St. John's Tunes & Tales

July 26, 10:30-11 am

Marilyn McPhee Storyteller

Aug. 2, 10:30-11 am

South Chula Vista Branch

Krypton Yvonne's "Reptile Fun 101"

June 14, 12 pm

Craig Stone, Magician

June 18, 10 - 10:30 am

Animal Mobile Craft

June 19, 2 pm

(Registration required. Appropriate for ages PreK - 6th grade; PreK - 3rd grade children should be accompanied by a parent or caregiver.)

Nancy St. John's Tunes & Tales

June 25, 2 - 2:30 pm

Animal Key Chain Craft

June 28, 2 pm

(Registration required. Appropriate for ages PreK - 6th grade; PreK - 3rd grade should be accompanied by a parent or caregiver.)

Amazing Dana the Magician

July 2, 10 - 10:30 am

Full Spectrum Science

Fun With Reptiles

July 9, 1 - 2 pm

Radical Reptiles

July 12, 2-3 pm

Sparkles the Clown & Co.

July 16, 10 - 10:30 am

Jungle Diorama Craft

July 17, 2 pm

(Registration required. Appropriate for PreK - 6th grade; PreK - 3rd grade should be accompanied by a parent or caregiver.)

Stu Mulligan's Juggling & More!

July 23, 2 - 2:30 pm

Cookie Decorating

July 26, 2 pm

(Registration required. Appropriate for PreK-6th grade; PreK-3rd grade should be accompanied by a parent or caregiver.)

Wild Wonders "Emerald Forest Show"

July 30, 2 - 2:30 pm

It's a jungle out there...

SWING INTO YOUR
LIBRARY!



MISSION STATEMENT

"To provide positive activities and opportunities to develop the health, self-esteem and character of the youth of our community, enabling them to reach their fullest potential."

WELCOME...to the Boys & Girls Club of Chula Vista, a nonprofit, youth development organization dedicated to promoting the physical, social and the educational development of children ages 6 to 18. The Club is a caring place where children can go to learn new skills, build self-esteem and develop values that will help them as they grow to adulthood. The Club is staffed by a number of full-time professional youth workers and volunteers who care about young people.

Club Membership

Membership entitles the member to attend the Club each day and participate in a wide variety of classes, trips and daily activities.

How to Join the Club

Complete a membership application for each child and present the application and the annual \$40.00 membership fee (reduced rates for additional family members) to the Membership Clerk. Memberships are valid for one year and are nonrefundable. No one is turned away for inability to pay-- Scholarships for membership are available.

Who Can Join the Club?

Any boy or girl grades 1 - 12, or ages 6 - 18. (Please review following pages for programs for younger children.)

Open Door Policy

The Club has an open door policy which allows Club Members to enter or leave the Club facilities as they choose. Parents who wish for their child to remain at the Club must instruct their child to do so. The open door policy does not apply to Preschool or Day Camp programs.

Programs & Services

The Club offers many programs and services not listed in this brochure. Check with the front desk for additional information, applications, permission slips, and program schedules. Other informational flyers are also available.

Social Recreation

A variety of activities are offered each day to test the members' skills. Come in and play checkers, chess, or pool. If you don't know how to play, there are clinics to learn to play those games as well as contests & tournaments to participate in.

Gymnasium/Playground

The gym is a fantastic place to join in fun activities such as wiffleball, "Nerf" football, jump rope, Frisbee, badminton, volleyball, open basketball and much more for your enjoyment. The playgrounds offer 2-square, flag football, hopscotch, tetherball and lots of fresh air fun.

(The gym is located at the Oleander Branch)

Cultural Arts

Arts & Crafts, fine arts, reading club, cooking and field trips will provide new experiences.

Early Morning Care

Before school care begins at 6:30 to assist those parents who work early morning shifts. Call 421-4011 ext. 21 to see if your school is included. Weekly fee: \$35

After School Transportation

Transportation and walking programs are available to students from the following elementary schools: Castle Park, CVLCC, Greg Rogers, Heritage, Lauderbach, Loma Verde, Mueller, Otay, Palomar, Parkview, Rice, Rohr and Valle Lindo and Harborside.

Club members participating in the after school transportation/walking program meet Club staff at a designated area at their school where the members are then transported or escorted to the Club site.

Fees range from \$25 - \$35 per month, depending on service provided. Please call (619) 421-4011 ext. 21 for details.

SPECIAL ACTIVITIES

Oleander Clubhouse

1301 Oleander Ave. (619) 421-4011

Summer Funshine Daycamp

(June 18 - September 2)

Summer Daycamp provides a safe and fun program for children 6 years and up. Campers will participate in daily activities such as arts & crafts, woodshop, sports and games, tournaments, special events and field trips. Breakfast & lunch is provided. All daycampers must attend the field trips.

Camp hours: 6:30 am - 2 pm Monday - Friday (Campers may stay until 6 pm at no additional charge.)



Oleander Center
1301 Oleander Avenue
Chula Vista, CA 91911
(619) 421-4011

Lauderbach Center
333 Oxford Street
Chula Vista, CA 91911
(619) 407-4774

**Feaster-Edison
Charter School**
670 Flower Street
Chula Vista, CA 91910
(619) 421-4011 ext. 17

Hours of Operation
Mon - Thurs 2 - 6 pm
Friday 1 - 6 pm

Staff
President & CEO
John Clingan

Operation Director
William J. Lane

Business Manager
Janet Masters

Preschool Director
Diane Taylor

Lauderbach Center Branch
Director: Patty Brambila

Oleander Branch
Director: Henry Cross

Feaster-Edison Branch
Director: Danielle Harris

Special Activities

Campers may remain until 6 pm at no additional cost and participate in daily afternoon activities.

\$100/week if paid by Friday prior to week attending. Late enrollment will include a late fee.

All campers attend field trips.

Please call (619) 421-4011 ext. 14 for further information.

Homework Center

Get help at the Club! Members may bring their homework in for help. Members are strongly encouraged to complete homework upon arrival each afternoon. Tutoring is also available for those who need special help. Ask staff for details.

Woodshop

Experience hands-on woodworking in our brand new woodshop. Members will have the opportunity to design and build a variety of projects under the guidance of woodshop director, Ben Morin. Projects are divided into age appropriate skill level. For more information come on in or call (619) 421-4011 ext. 14.

SMALL WONDERS PRE SCHOOL

(A licensed Pre School and Child Care Program; License #370806181)

Small Wonders Pre School & Child Care is dedicated to quality childhood education. The Club recognizes that the first years of life reflect the most rapid physical and mental growth of the child. This requires a wide variety of activities incorporating social and mental interaction. At Small Wonders, the child's self esteem is promoted through a stimulating environment and an individualized curriculum model. The main objective is to provide the community of Chula Vista with an affordable, quality child care program. This program is designed to provide a happy, carefree environment for children ages 2 1/2 to 6 years old. Breakfast, lunch, morning and afternoon snacks are included.

Fee: \$25 Registration
\$120 Full-time

Ask about the Kindergarten Program by calling (619) 421-4022.

SPECIAL ACTIVITIES

Lauderbach Clubhouse

333 Oxford Street (619) 407-4774

Summer Daycamp

June 18 - September 2

6:30 am - 6 pm

Summer daycamp provides a safe and fun program for children 6 - 13 years of age. Campers enjoy an array of structured activities and attend many field trips. Breakfast & lunch are included. Call (619) 407-4774 for fees and more information.

Early Morning Care (Year-Round Schools)

Before school care & transportation to their school site. Includes breakfast. Fee: \$35 per week.

Playground

Having a park in our back yard gives us the opportunity to provide an array of energetic activities. Flag football, soccer, basketball, volleyball, water games, two square, tag, etc.... In addition, we offer supervised fun at the jungle gyms located directly behind the facility.

Homework Stars (For year-round schools)

Members log their homework hours with gold stars to qualify for weekly raffles, field trips and other social events.

Arts & Crafts

Paint, cut, paste... That's what Arts & Crafts are about! Plaster, paper, beads and recycled items are used to develop creative thinking.

Cooking Class

Members learn how to make use of the kitchen, appliances, and items within their cabinets while participating in culinary activities ranging from baking cupcakes to creating sushi rolls.

Boys Group

Teaches boys to become lil' gentlemen. Activities just for them.

Cheerleading

Coed cheerleading for members interested in becoming part of a squad to "cheer" Lauderbach Teams to victory.

Nike P.L.A.Y Daily Challenge

The year found fitness program contains a series of challenges designed to encourage daily exercise and physical fitness. This is accomplished by teaching and testing the athletic skills for Club members in different activities.

Girls Group

Girls participate in activities designed just for them! Crafts, dance, sports, field trips, and special friendships.
3:30 - 5:30 pm Mon - Fri

Piano

Available classes: 4 - 5 pm, Mon - Fri
Small fee. Instructed by Barbara Schwartz.

Friends 'n Pals Kindergarten

Designed to complete the kindergarten student's day, this program is available for both morning and afternoon kindergarten students. The bilingual program emphasizes social skills, movement and rhythm, science, homework help and more. Transportation to and from school is provided. Breakfast, lunch and snacks are included. This program is available for students at Lauderbach, Charter, Harborside, & Mueller Schools.
Fee: \$70/week

Feaster-Edison Charter School

(619) 421-4011 ext. 17

Membership at this location is limited to students of Feaster Edison Charter School.

Hours of Operation:

6:30 - 7:30 am Mon-Fri

3:15 - 6 pm Mon/Tues/Wed/Fri

1:30 - 6 pm Thurs

The following activities are available:

- Before school care
- After school program
- Seasonal sports
- Homework help
- Cheerleading
- Jazz/dance
- Tournaments
- Life skills groups
- Day camps

For further information, Boys & Girls Club staff members are available at the school site after school or you may call (619) 421-4011 ext. 17.

Outreach Programs

Brian Cox,
Principal Recreation Manager
(619) 585-5619

Youth Employment Education Presentation (YEEP)

The Youth Employment Education Program will be offered at various high schools in Chula Vista. The program addresses the urgent need teens have to be prepared for their job search. These comprehensive, one-hour presentations cover the areas of job search, completing applications, resumes and cover letters, interview skills and where to look for a job. Teens are provided with an array of resources and are encouraged to participate in the interactive session. The program is geared towards the specific needs of teens and is offered at different sites. Call (619) 585-5619 for more information.

Volunteer Program

(for students grades 9 - adult)

Do you have to do community service for school? Are you interested in receiving "hands-on training" in the areas of refereeing, assisting with center programs, aquatic tasks, and clerical tasks (answering phones, checking out equipment, filing, etc)? If you answered yes to these questions, the Chula Vista Recreation Department can assist you! If you are 15+ years of age or older (grades 9 - adult), simply call the department's Volunteer Coordinator Brian Cox, at (619) 585-5619 and request an application (by mail) or ask for an application

at any of the recreation facilities in Chula Vista. All volunteers are encouraged to provide a minimum of (5) weeks of service. The Recreation department is very flexible with scheduling of all volunteers and is willing to make any modifications necessary. Volunteer assistance is needed in the following areas:

- Adult/Youth Sports (assisting with clerical tasks, coaching and scorekeeping)
- Aquatics (assisting with clerical and other tasks)
- Community Centers (checking out equipment, assisting with programs)
- Therapeutics (assisting participants with developmental or physical disabilities in programs, classes and special events).

Benefits of Volunteering

- Gain valuable experience.
- Make contacts with those having job opportunities.
- Receive school credit.
- May be interviewed for paid positions.

Benefits to the community:

- Agencies are able to conduct more programs with volunteer assistance.
- Youth of the community are better trained and more productive.

For additional information on the department's Volunteer Program, call Brian Cox, Volunteer Coordinator at (619) 585-5619.



The City of Chula Vista has a long history of volunteerism, from our founding community members to over 1,000 volunteers today that give of their time and skills.

Without our volunteers, Chula Vista would not be the growing, friendly community that we are.

We are proud of our volunteers and the valuable services they provide.

Reserving City Facilities

Picnic Areas

The City of Chula Vista has 41 public parks providing a variety of amenities at no cost, such as picnic areas and play equipment. However, an optional picnic reservation service is available during the busiest season for Chula Vista Community, Cottonwood, Eucalyptus, Heritage Park, Marisol, MacKenzie Creek, Rohr, Terra Nova, and Voyager parks. Reservation times are available from March 1 through October 31.

Air jumps and pony rides are allowed at 16 of the parks. For exact locations, please refer to the parks amenities matrix on page 35.

There are large park shelter/gazebos which can accommodate a maximum of 200 people at MacKenzie Creek, Rohr, Terra Nova and Voyager parks.

There are five medium sites which can accommodate a maximum of 100 people. Three of these sites are at Cottonwood, one at Rohr Park, and one at Heritage Park.

There are small sites which can accommodate a maximum of 50 people at Chula Vista Community, Eucalyptus, Marisol, MacKenzie Creek, Rohr, and Voyager parks.

Persons who wish to reserve picnic areas can do so at the Public Works Center, 7 am - 3 pm, Monday - Friday. Reservations must be made 2 business days in advance, no exceptions. Sorry, telephone reservations cannot be accepted. Those wishing the resident rates must show proof of residency, such as a driver's license with the current address listed. If the customer does not have the current address, a current utility bill may be substituted. Full payment must be made at the time the reservation is made (deposit plus reservation fee).

Areas that are not reserved can be used on a first-come, first-served basis at no

charge. It is highly recommended that reservations be made, especially for weekends.

No keg beer, glass containers or amplified music are allowed in any City of Chula Vista park. A complete set of park rules can be obtained at the Public Works Center.

The Public Works Center has moved to 1800 Maxwell Road. Because the new office is located several miles from the Civic Center, residents are asked to call 397-6197 before driving to the Center for services.

Need a Gym?

The Parkway Gymnasium, Otay Recreation Center, and Chula Vista Community Youth Center are available for groups to use on a rental basis for athletic activities such as basketball, volleyball, badminton, etc. Companies, clubs or organizations interested in making use of these facilities may refer to the telephone listing on the next page.

Pools

Interested in renting a pool for a private party or function? Call the pool of your choice for details and prices.

Community Center Reservations

For indoor use, the Chula Vista Youth Center, Heritage, Loma Verde, Parkway

and Otay Community Centers, the Norman Park Senior Center, and the Chula Vista Women's Club are available for weddings, birthdays, meetings, etc.

The Loma Verde Recreation Center and the Norman Senior Center each have main halls suitable for receptions of up to 250 people, plus smaller rooms for meetings of up to 50 people with kitchen facilities*.

Alcoholic beverages are not permitted in Loma Verde, Parkway, Otay, the Chula Vista Community Youth Center and the Heritage Center. Alcohol is permitted at certain functions in the Chula Vista Women's Club and the Norman Park Senior Center.

Call each center for complete information concerning rules, rental fees, room availability and capacity.

*Kitchen facilities are for warming food only. Health regulations prohibit the cooking of food in any of our facilities.

Sports Fields

Softball fields in four of the City's parks are available for rent on an hourly basis. Contact the Athletics Office at 691-5084 to reserve ball fields in Chula Vista Community, Discovery, Eucalyptus and Rohr parks.

A soccer field at Voyager Park is also available for rent through the Athletics Office.

Resident*	Large	Medium	Small	Air Jump & Pony Permit
Rental	\$120	\$90	\$30	\$30
Deposit	\$100	\$75	\$25	
Total	\$220	\$165	\$55	\$30

*Persons wanting the resident rates must show proof of residency such as a driver's license with the current address listed – If license does not have the current address the customer can also bring in a current utility bill.

Non-Resident*	Large	Medium	Small	Air Jump & Pony Permit
Rental	\$240	\$180	\$60	\$60
Deposit	\$100	\$75	\$25	
Total	\$340	\$255	\$85	\$60

City Parks Map



- - Existing Parks
- ◇ - Recreation Centers

RECREATION CENTERS

- 1. Chula Vista Woman's Club**
357 G Street
(619) 691-5085 (for info)
- 2. Chula Vista Youth Center**
465 L Street
(619) 691-5276
- 3. Loma Verde Pool**
1420 Loma Lane
(619) 691-5081
Loma Verde Recreation Center
1420 Loma Lane
(619) 691-5082
- 4. Norman Park Senior Center**
270 F Street
(619) 691-5086
- 5. Parkway Community Center**
373 Park Way
(619) 691-5083
Parkway Gymnasium
385 Park Way
(619) 691-5084
Parkway Pool
385 Park Way
(619) 691-5088
- 6. Otay Recreation Center**
3554 Main Street
(619) 476-5325
- 7. Heritage Community Center**
1381 East Palomar Street
(619) 421-7032

TENNIS COURTS

- Municipal Courts**
- Mackenzie Creek Park
 - Marisol Park
 - Eucalyptus Park
 - Rancho Del Rey Park
 - Sunbow Park
 - Terra Nova Park
- School District Courts**
- Southwestern College
 - Bonita Vista High School
 - Castle Park High School
 - Chula Vista High School
 - EastLake High School
 - Hilltop High School
 - Rancho Del Ray Middle School

- # of court**
- 2 (lighted)
 - 2 (lighted)
 - 4 (lighted)
 - 2
 - 3 (lighted)
 - 2 (lighted)

- # of courts**
- 14 (4 lighted)
 - 6
 - 6
 - 6 (4 lighted)
 - 10 (8 lighted)
 - 6 (4 lighted)
 - 4

MUNICIPAL GOLF COURSE

4475 Bonita Road, (619) 479-4141

18-hole championship course, pro-shop, putting and chipping greens, driving range, carts, snack bar; club house and restaurant.

OPEN SPACE

An Open Space Hotline, (619) 397-6016, is available to address open space concerns outside normal business hours. The hotline will record non-emergency open space concerns before 8 am or after 5 pm and on weekends.

To report and register concerns regarding City Open Space during regular business hours, please call (619) 691-5027. Emergency calls outside regular business hours, 8 am - 5 pm, Monday through Friday, should be directed to the Police Department at (619) 691-5151. The Police Department will contact staff on emergencies.



City Parks Matrix

		Amphitheater	Barbecue Grill	Ballfield	Basketball	Fitness Course	Gymnasium	Open Green Space	Park Shelter/Gazebo	Picnic Area	Play Equipment	Recreation Center	Restroom Facility	Shuffleboard	Soccer Field	Softball Field	Swimming Pool	Tennis Courts	Air Jumps Allowed	Pony Rides Allowed
Community Parks		Acres																		
1.	Chula Vista Community Park - 1060 EastLake Pkwy*	14.9	•					•	•	•	•		•		•	•		•	•	•
2.	Discovery Park - 700 Buena Vista Way	20.4	•			•		•		•	•		•		•	•			•	•
3.	Eucalyptus Park - Fourth Avenue & C Street	20.9	•		•			•		•	•		•			•		•	•	•
4.	Greg Rogers Park - 1189 Oleander Avenue	42.1	•	•				•		•			•			•			•	•
5.	J Street Marina/Bayside Park**	21.4	•			•		•		•	•		•							
6.	Rohr Park - 4548 Sweetwater Road*	59.9	•		•			•	•	•	•	•	•		•	•			•	•
Neighborhood Parks																				
7.	Bay Boulevard Park - F Street & Bay Boulevard	1.5						•		•										
8.	Bonita Long Canyon Park - 1745 Coltridge Lane	10.9				•		•		•	•		•						•	•
9.	Breezewood Park - 1091 Breezewood Dr.	2.2	•					•		•	•									
10.	Connoley Park - 1559 Connoley Avenue	0.7			•			•			•									
11.	Cottonwood Park - 1778 East Palomar Street*	6.6	•		•			•	•	•	•		•		•	•			•	•
12.	Explorer Park - Rancho Del Rey Pkwy & Norella St.	5.6			•			•		•	•								•	•
13.	Friendship Park - Fourth Avenue & F Street	4.0						•												
14.	Gayle L. McCandless Park - 415 East J Street	3.1	•					•		•	•									
15.	Heritage Park - 1381 Palomar Street	10.1	•		•			•	•	•	•	•	•							
16.	Hilltop Park - 780 Hilltop Drive	9.3	•					•		•	•		•							
17.	Holiday Estates I - 27 Connoley Circle	0.2						•												
18.	Holiday Estates II - 1637 Connoley Avenue	0.2						•												
19.	Independence Park - 1248 Calle Santiago	12.8						•												
20.	Lancerlot - 750 K Street	0.1									•									
21.	Lauderbach Park - 333 Oxford Street	3.9	•		•			•		•	•									
22.	Loma Verde Park - 1420 Loma Lane	6.2	•					•			•	•					•			
23.	Los Niños Park - 150 Teal Street	5.1	•		•			•		•	•		•						•	•
24.	MacKenzie Creek Park - 2275 MacKenzie Creek Rd.*	6.8	•		•			•	•	•	•		•					•	•	•
25.	Marina View Park - 900 Marina View Parkway**	4.5	•			•		•					•							
26.	Marisol Park - 916 Rancho Del Rey Parkway*	5.0						•		•	•		•					•	•	•
27.	Memorial Park - 373 Park Way	7.8	•	•			•	•			•	•	•				•			
28.	Norman Park - 270 F Street	1.5						•		•				•						
29.	Orange Avenue Fields - 160 East Orange Avenue	4.0						•								•				
30.	Otay Park - 1613 Albany Avenue	4.2	•					•		•	•		•		•				•	•
31.	Palomar Park - 1359 Park Drive	2.7	•					•		•	•									
32.	Paseo Del Rey Park - 750 Paseo Del Rey	9.0	•					•		•	•									
33.	Rancho Del Rey Park - 1131 Buena Vista Way	9.2						•		•	•							•		
34.	Rienstra Ballfields - 1500 Max Avenue	7.1						•								•				
35.	SDG&E Park - 1450 Hilltop Drive	20.0	•		•			•		•	•								•	•
36.	Sherwood Park - 69 Sherwood Street	0.3						•												
37.	Sunbow Park - 500 East Naples Street	3.7	•					•		•	•							•		
38.	Sunridge Park - 952 Beechglen	6.6	•					•		•	•				•				•	•
39.	Terra Nova Park - 450 Hidden Vista Drive*	17.0						•	•	•	•		•		•	•		•	•	•
40.	Tiffany Park - 1713 Elmhurst Avenue	5.3						•		•	•									
41.	Valle Lindo Park - 545 Sequoia Drive	4.3	•					•		•	•									
42.	Voyager Park - 1178 East J Street*	11.2						•	•	•	•		•		•				•	•

*Rental Reservations Available

**Reservations & information from Port of San Diego (619) 686-6200